



RESULTS WOMEN - DAY 1

108 6:00am		JAVELIN THROW (600g)		F30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		123	UDAUNDO, JAHNZEL	F30 - TEAM PNP	13.58m		GOLD

109 6:00am		JAVELIN THROW (600g)		F35	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		138	GAMMAG, MARICRIS	F35 - TEAM PNP	22.45m		GOLD
		311	BANTOLINO, MARICEL	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	20.24m		SILVER
		145	MANZANO, FEB DESIREE	F35 - POSF	DNS		

110 6:00am		JAVELIN THROW (600g)		F40	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		176	VILLARITO, ROSIE	F40 - PHILIPPINE ARMY	32.62m		GOLD

111 6:00am		JAVELIN THROW (600g)		F45	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	18.44m		GOLD
		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	18.38m		SILVER

118 6:15am		5000m		F30	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		104	CABALO, ANGELIE	F30 - TEAM PHILTRA	19:58.0		GOLD
		106	CAMPOS, MELISSA	F30 - POSF	21:20.8		SILVER
		118	MANANSALA , AILEEN	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	22:04.0		BRONZE
		117	MALAZZAB, REINA JOY	F30 - UNATTACHED	22:15.2		
		107	DARIO, LIGAYA	F30 - TEAM PNP	22:46.0		
		101	ADAOAG, LANY	F30 - HUKBONG KABITENYO	DNS		
		108	DASAL, LEDILYN	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		
		110	DICHOSO, MACROSE	F30 - PHILIPPINE ARMY	DNS		

118 6:15am		5000m		F35	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		135	CAPENTES, MARECRIS	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS	25:33.0		GOLD
		136	CORPUZ, MARY GRACE	F35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCIRC)	26:03.8		SILVER

118 6:15am		5000m		F40	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE	19:13.7		GOLD
		166	MARTES, CHRISTABEL	F40 - TEAM PHILTRA	20:26.4		SILVER
		177	VILLARMA, JHO-AN	F40 - PHILIPPINE ARMY	22:15.2		BRONZE
		162	CARALIAN, JOANN	F40 - UNATTACHED	24:10.0		
		372	EVANGELISTA, JOSEPHINE CHRISANTA	F40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	25:19.5		
		168	MEMBREVE, JACKIE LOU	F40 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCIRC)	25:23.3		
		170	REYES, MARIZZA	F40 - UNATTACHED	26:52.7		
		167	MEDINA , FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	26:52.7		
		161	BELMONTE, JENNIFER	F40 - PHILIPPINE AIRFORCE	27:03.0		

118 6:15am		5000m		F45	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		182	ELIJERAN, JOCELYN	F45 - TEAM PHILTRA	21:41.6		GOLD
		184	FERRERA, CHRISTINE	F45 - TEAM PHILTRA	28:29.2		SILVER
		191	TAN, MONSERRATT	F45 - POSF	29:56.0		BRONZE

118 6:15am		5000m		F50	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		200	ALAN, VIDI	F50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCIRC)	25:28.2		GOLD
		210	VINUYA, CATHERINE	F50 - POSF	25:31.2		SILVER
		208	SISON, RHINA	F50 - PHILIPPINE AIRFORCE	26:00.8		BRONZE
		211	WONG, MARICEL	F50 - UNATTACHED	DNS		

118 6:15am 5000m			F55		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		223	HITALIA, CELMA	F55 - TEAM MUNTINLUPA	26:34.9		GOLD
		226	OBMINA-MUAÑA, MA. CARMENCITA	F55 - DE LA SALLE ALUMNI ATHLETICS	31:28.1		SILVER
		220	ANG, NYMPHA	F55 - PSC-POC MEDIA	35:53.1		BRONZE

118 6:15am 5000m			F60		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		231	ILAGAN, CAROLYN	F60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	36:12.0		GOLD

118 6:15am 5000m			F75		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		241	OGSIMER, ROSALINDA	F75 - UNATTACHED	35:12.5		GOLD

121 7:20am HIGH JUMP			F30		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		119	QUE-AGUILAR, PRECIOUS	F30 - POSF	1.46m		GOLD

121 7:20am HIGH JUMP			F40		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		164	GENILZA, JONAH	F40 - PHILIPPINE AIRFORCE	1.31m		GOLD
		172	RONQUILLO, MARY GRACE	F40 - ELYU EAGLES MASTERS ATHLETICS TEAM	DNS		

121 7:20am HIGH JUMP			F45		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1.25m		GOLD

135 9:20am 100m			F30		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		105	CABUYA, PRECIOUS	F30 - POSF	13.95	-00.10	GOLD
		122	TARIAO, BEVERLIE	F30 - UNATTACHED	14.13	-00.10	SILVER
		112	FAGARAGAN, CHARMAINE JOY	F30 - PHILIPPINE AIRFORCE	14.34	-00.10	BRONZE
		103	BALACANO, YRNA LIZETTE	F30 - TEAM PNP	15.02	-00.10	
		116	MAGUGAT, FAYE KRISTABELLE	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	18.35	-00.10	
		111	DOMINGO, PRINCESS	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	18.89	-00.10	
		115	GARCIA, ALEXIS NARCISSE	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

135 9:20am 100m			F35		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		148	SALAYSAY, HONEY JOY	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS	14.27	+00.30	GOLD
		151	TEJARES, MILKY MAE	F35 - POSF	14.37	+00.30	SILVER
		146	ONG, SHELIALYN	F35 - PHILIPPINE AIRFORCE	14.77	+00.30	BRONZE
		143	MAGALONA, LORELY	F35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	14.86	+00.30	
		152	UCOL, ELVIRA	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	14.89	+00.30	
		130	BALARES, JANICEL	F35 - TEAM PNP	15.58	+00.30	
		141	LAVA , MARI JOIE	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS	17.32	+00.30	
		145	MANZANO, FEB DESIREE	F35 - POSF	DNS		

135 9:20am 100m			F40		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		381	MARCOS, REVELYN	F40 - UNATTACHED	15.7	-00.60	GOLD
		167	MEDINA , FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	17.5	-00.60	SILVER

135 9:20am 100m			F45		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	13.7	-00.60	GOLD
		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	16.1	-00.60	SILVER
		188	RELIZAN, MICHELLE	F45 - ELYU EAGLES MASTERS ATHLETICS TEAM	20.1	-00.60	BRONZE

135 9:20am 100m			F50		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		212	YACOB, ROUCHELLE	F50 - PHILIPPINE AIRFORCE	16.05	-00.80	GOLD
		181	DELA TORRE, EVELYN	F50 - PHILIPPINE AIRFORCE	17.60	-00.80	SILVER
		208	SISON, RHINA	F50 - PHILIPPINE AIRFORCE	19.29	-00.80	BRONZE
		201	ANCHETA, BRENDA	F50 - JD TRAINING PERFORMANCE BULACAN MASTERS	19.38	-00.80	

135		9:20am	100m	F55	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		224	LOBOS, PERLA	F55 - TEAM MUNTINLUPA	16.38	-00.80	GOLD
		504	DOMINGO, ROCELIA	F55 - PHILIPPINE AIRFORCE	19.38	-00.80	SILVER

135		9:20am	100m	F60	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		230	BAYABAN, SALVE	F60 - TEAM MUNTINLUPA	16.13	-01.60	GOLD
		232	VEJANO, LORNA	F60 - PHILIPPINE AIRFORCE	17.71	-01.60	SILVER

135		9:20am	100m	F65	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		237	ROSALE, EMELIE	F65 - TEAM MUNTINLUPA	21.88	-01.60	GOLD
		235	PILONES, MA. VICTORIA	F65 - TEAM DARIUK SANTIAGO ISABELA	35.70	-01.61	SILVER

135		9:20am	100m	F75	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		241	OGSIMER, ROSALINDA	F75 - UNATTACHED	27.68	-01.60	GOLD

137		2:30pm	SHOT PUT (4kg)	F30	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		123	UDAUNDO, JAHNZEL	F30 - TEAM PNP	6.81m		GOLD

138		2:30pm	SHOT PUT (4kg)	F35	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		138	GAMMAG, MARICRIS	F35 - TEAM PNP	7.81m		GOLD
		147	SAGUSAY, DIXIE	F35 - HUKBONG KABITENYO	6.49m		SILVER
		311	BANTOLINO, MARICEL	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	5.80m		BRONZE
		140	LACHICA, ERICA	F35 - POSF	5.66m		

139		2:30pm	SHOT PUT (4kg)	F40	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		172	RONQUILLO, MARY GRACE	F40 - ELYU EAGLES MASTERS ATHLETICS TEAM	5.29m		GOLD

140		2:30pm	SHOT PUT (4kg)	F45	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	5.77m		GOLD
		188	RELIZAN, MICHELLE	F45 - ELYU EAGLES MASTERS ATHLETICS TEAM	4.69m		SILVER

141		2:30pm	SHOT PUT (3kg)	F50	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		202	CLARAVALL, DROLLY	F50 - UNATTACHED	8.15m		GOLD

141		2:30pm	SHOT PUT (3kg)	F65	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		237	ROSALE, EMELIE	F65 - TEAM MUNTINLUPA	7.04m		GOLD

141		2:30pm	SHOT PUT (3kg)	F70	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		240	LAVANDIA, ERLINDA	F70 - TEAM BAGUIO	7.13m		GOLD

141		2:30pm	SHOT PUT (3kg)	F75	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		245	WAKEFIELD, EDITHA	F75 - UNATTACHED	4.17m		GOLD

152		2:30pm	400m	F35, F40	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		143	MAGALONA, LORELY	F35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	01:12.5		GOLD
		152	UCOL, ELVIRA	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	01:17.1		SILVER
		146	ONG, SHELIALYN	F35 - PHILIPPINE AIRFORCE	01:20.8		BRONZE

152	2:30pm	400m	F35, F40			FINAL	
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		397	SOFLA, RONIJEN	F40 - TEAM PNP	01:16.7		GOLD
		167	MEDINA , FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	01:25.2		SILVER
		169	MILAN, KATHERINE	F40 - HUKBONG KABITENYO	01:25.3		BRONZE

152	2:30pm	400m	F45	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	01:14.0		GOLD
		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	01:31.8		SILVER

152	2:30pm	400m	F50				FINAL	
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		208	SISON, RHINA	F50 - PHILIPPINE AIRFORCE		01:38.0		GOLD

152	2:30pm	400m	F55	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		227	RAYALA, MARGIE	F55 - HUKBONG KABITENYO	02:01.9		GOLD

152	2:30pm	400m			F60	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		232	VEJANO, LORNA	F60 - PHILIPPINE AIRFORCE		01:47.6		GOLD

152	2:30pm	400m	F75	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		241	OGSIMER, ROSALINDA	F75 - UNATTACHED	02:08.2		GOLD

153	2:30pm	HAMMER THROW		F30	FINAL			
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		123	UDAUNDO, JAHNZEL	F30 - TEAM PNP		23.42m		GOLD
		113	FERRERA, KENNETH GRACE	F30 - PHILIPPINE AIRFORCE		DNS		

153		2:30pm		HAMMER THROW		F35		FINAL	
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS	
		138	GAMMAG, MARICRIS	F35 - TEAM PNP		20.86m		GOLD	

153	2:30pm	HAMMER THROW			F40	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		174	SERMONA, LORALIE	F40 - PHILIPPINE AIRFORCE		34.43m		GOLD

153	2:30pm	HAMMER THROW		F50	FINAL			
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		202	CLARAVALL, DROLLY	F50 - UNATTACHED		26.46m		GOLD

153	2:30pm	HAMMER THROW			F70	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		240	LAVANDIA, ERLINDA	F70 - TEAM BAGUIO		19.19m		GOLD

155	2:30pm	1500m	F30	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		118	MANANSALA , AILEEN	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	6:01.54		GOLD
		107	DARIO, LIGAYA	F30 - TEAM PNP	6:39.02		SILVER
		101	ADAOAG, LANY	F30 - HUKBONG KABITENYO	DNS		
		110	DICHOSO, MACROSE	F30 - PHILIPPINE ARMY	DNS		

155	2:30pm	1500m	F35	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		143	MAGALONA, LORELY	F35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	4:43.97		GOLD
		136	CORPUZ, MARY GRACE	F35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	7:15.05		SILVER
		145	MANZANO, FEB DESIREE	F35 - POSF	DNS		

155	2:30pm	1500m	F40	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE	5:10.97		GOLD
		166	MARTES, CHRISTABEL	F40 - TEAM PHILTRA	5:46.16		SILVER
		177	VILLARMA, JHO-AN	F40 - PHILIPPINE ARMY	6:18.58		BRONZE
		175	VERGARA, GREGORIA	F40 - UNATTACHED	8:44.31		
		173	ROSERO, LAARNEE	F40 - PHILIPPINE AIRFORCE	9:22.21		
		372	EVANGELISTA, JOSEPHINE CHRISANTA	F40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	DNS		*

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155	2:30pm	1500m	F45	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		182	ELIJERAN, JOCELYN	F45 - TEAM PHILTRA	6:00.21		GOLD
		190	GAMMAD, MARICAR	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	6:36.85		SILVER
		184	FERRERA, CHRISTINE	F45 - TEAM PHILTRA	7:53.55		BRONZE
		187	REGINALDO, ROMELITA	F45 - HUKBONG KABITENYO	8:47.29		

155	2:30pm	1500m	F50	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		200	ALAN, VIDI	F50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	7:00.84		GOLD
		210	VINUYA, CATHERINE	F50 - POSF	7:20.55		SILVER
		203	ESGUERRA, JOVITA	F50 - TEAM DARIUK SANTIAGO ISABELA	DNF		

155	2:30pm	1500m	F55	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		223	HITALIA, CELMA	F55 - TEAM MUNTINLUPA	7:18.19		GOLD
		226	OBMINA-MUAÑA, MA. CARMENCITA	F55 - DE LA SALLE ALUMNI ATHLETICS	9:23.14		SILVER

155	2:30pm	1500m	F60	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		231	ILAGAN, CAROLYN	F60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	11:10.55		GOLD

155	2:30pm	1500m	F75	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		241	OGSIMER, ROSALINDA	F75 - UNATTACHED	9:07.82		GOLD

159	3:40pm	LONG JUMP		F30	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		102	ALBINIO, JOY	F30 - PHILIPPINE ARMY	4.51m		GOLD
		103	BALACANO, YRNA LIZETTE	F30 - TEAM PNP	4.03m		SILVER
		109	DEL SOCORRO, JOYCE	F30 - PHILIPPINE AIRFORCE	3.34m		BRONZE

159	3:40pm	LONG JUMP		F35	FINAL			
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		311	BANTOLINO, MARICEL	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS		3.09m		GOLD

159	3:40pm	LONG JUMP		F40	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		165	MAGRACIA, MARICEL	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	4.33m		GOLD
		164	GENILZA, JONAH	F40 - PHILIPPINE AIRFORCE	3.96m		SILVER
		172	RONQUILLO, MARY GRACE	F40 - ELYU EAGLES MASTERS ATHLETICS TEAM	3.65m		BRONZE

159	3:40pm	LONG JUMP		F45	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	4.71m		GOLD
		190	GAMMAD, MARICAR	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	4.04m		SILVER
		188	RELIZAN, MICHELLE	F45 - ELYU EAGLES MASTERS ATHLETICS TEAM	2.50m		BRONZE



RESULTS MEN - DAY 1

101 5:30am 5000m			M60		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		540	BANTANG, GERALDO	M60 - TEAM DANIELA	21:35.9		GOLD
		553	EUSEBIO, JOSE	M60 - HUKBONG KABITENYO	21:36.5		SILVER
		551	DUWAY, SANTIAGO	M60 - UNATTACHED	22:09.3		BRONZE
		566	RAMOS, ESMERALDO	M60 - TEAM DARIUK SANTIAGO ISABELA	22:23.1		
		544	BARSAGA, ELY	M60 - UNATTACHED	22:22.4		
		534	ADVINCULA, DEMETRIO	M60 - TEAM BAGUIO	23:10.9		
		536	ALEJANDRO, ROLANDO	M60 - TEAM DARIUK SANTIAGO ISABELA	24:40.9		
		560	MANGADLAO, RAFAEL	M55 - TEAM DANIELA	25:05.2		
		567	SANTOS, RICARDO	M60 - TEAM DANIELA	26:20.9		
		546	CALDERON, CAMILO	M60 - JD TRAINING PERFORMANCE BULACAN MASTERS	30:06.6		
		565	QUEZADA, BONIFACIO	M60 - TEAM DARIUK SANTIAGO ISABELA	DNS		

101 5:30am 5000m			M65		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		577	BAÑARES, RODOLFO	M65 - UNATTACHED	22:38.1		GOLD
		589	STA. ROSA, RENE	M65 - PHILIPPINE AIRFORCE	23:23.8		SILVER
		579	BRIONES, EDESIO	M65 - UNATTACHED	24:42.9		BRONZE
		578	BIRSE, DAVID	M65 - TEAM BAGUIO	24:56.7		
		590	TORRES, GREGORIO	M65 - UNATTACHED	28:32.4		
		581	DELA RAMA, ROGACIANO	M65 - JD TRAINING PERFORMANCE BULACAN MASTERS	30:13.6		
		576	ANTOQUE, PEREGRINO	M65 - TEAM DANIELA	31:08.1		
		584	NARCISO JR., ALIPIO	M65 - JD TRAINING PERFORMANCE BULACAN MASTERS	33:07.7		
		587	PILONES, DELFIN JR.	M65 - TEAM DARIUK SANTIAGO ISABELA	33:40.5		
		586	PICHAY, EDMUNDO	M65 - UNATTACHED	DNF		

102 5:30am 5000m			M70		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		604	RAMIREZ, FERNANDO	M70 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	22:23.3		GOLD
		603	NAVARETTE, EDUARDO	M70 - JD TRAINING PERFORMANCE BULACAN MASTERS	22:26.6		SILVER
		607	TAN, BENJAMIN	M70 - UNATTACHED	25:31.0		BRONZE
		600	IGAY, SOFRONIO	M70 - UNATTACHED	32:16.6		
		602	MULOC, USMAN	M70 - UNATTACHED	DNS		

103 5:30am 5000m			M75		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		610	BALABA, BRIGILIO	M75 - TEAM BAGUIO	32:45.2		GOLD

104 6:00am SHOT PUT (7.26kg)			M30		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		252	ARCEO, MICHAEL ANGELO	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	1.88m		GOLD
		258	DE GUZMAN, RODOLFO	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	9.96m		SILVER
		267	FRANCISCO, ROBERT	M30 - TEAM PNP	9.45m		BRONZE
		279	MARTIN, LORENZO	M30 - UNATTACHED	9.42m		

105	6:00am	SHOT PUT (7.26kg)		M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		344	PADILLA, ARNOLD	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	9.61m		GOLD
		332	HEY, CHRISTOPHER DOMINIQUE	M35 - UNATTACHED	9.16m		SILVER
		333	LANO, MARVIN	M35 - ELYU EAGLES MASTERS ATHLETICS TEAM	8.80m		BRONZE

106	6:00am	SHOT PUT (7.26kg)		M40	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		395	SALONGA, DANILO	M40 - UNATTACHED	8.23m		GOLD
		394	SALES, MARK JHOVIE	M40 - TEAM PNP	8.17m		SILVER
		377	LALWANI, ARVIND	M40 - UNATTACHED	7.44m		BRONZE
		364	CABALLERO, LYNDON	M40 - POSF	5.99m		

107	6:00am	SHOT PUT (7.26kg)		M45	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		443	SALAYSAY, PHILIP	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	10.96m		GOLD
		441	RIVERA, JOSE ALTHER	M45 - UNATTACHED	10.21m		SILVER
		428	FRESNIDO, ROBERTO	M45 - PHILIPPINE AIRFORCE	10.04m		BRONZE
		437	PELAEZ, MICHAEL	M45 - TEAM PNP	8.91m		
		444	SARTE, JEALVIES	M45 - POSF	8.02m		
		446	SINAGUINAN, RAFAEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	6.90m		
		411	BAGANO, DANNY	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	5.29m		

112	6:00am	LONG JUMP		M60	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		538	BALCITA, GUILLERMO WILLIAM JR.	M60 - CITY OF SAN FERNANDO LA UNION	4.02m		GOLD
		568	SEPTIMO, EMMANUEL	M60 - PHILIPPINE AIRFORCE	3.31m		SILVER
		556	LAZO, GERALD	M60 - DE LA SALLE ALUMNI ATHLETICS	3.07m		BRONZE

113	6:00am	LONG JUMP		M65	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	wv	REMARKS
		582	LOBOS, ARNEL	M65 - TEAM MUNTINLUPA		4.12m		GOLD

114		6:00am		LONG JUMP		M70		FINAL	
Lane	H/R	BIB	NAME		AGE - TEAM		RESULTS	wv	REMARKS
		605	REYES, ELMER		M70 - PHILIPPINE AIRFORCE		1.94m		GOLD

116	6:00am	LONG JUMP		M50	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		460	ENCINARES, DIOMENES	M50 - UNATTACHED	4.93m		GOLD
		453	AOAY, RAMIL	M50 - CITY OF SAN FERNANDO LA UNION	4.53m		SILVER
		466	HIJALGA, ESTELITO	M50 - HUKBONG KABITENYO	4.15m		BRONZE
		480	SUGUITAN, JOSE ENRICO	M50 - POSF	3.71m		
		452	AGUILA, VIRGILIO	M50 - TEAM PNP	3.71m		
		464	GALICIA, JOHN GRANT GRAYMOND	M50 - UNATTACHED	2.96m		
		457	CALUAG, RANDY	M50 - PSC-POC MEDIA	NR		

117	6:00am	LONG JUMP		M55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		498	CHAN, JOCSON	M55 - DE LA SALLE ALUMNI ATHLETICS	3.98m		GOLD
		525	SEGUI, DEMOSTHENES	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	3.57m		SILVER
		490	AGUSTIN, BRANDY	M55 - TEAM DARIUK SANTIAGO ISABELA	NR		

119 7:00am 5000m			M50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		471	LUNA, EDWARD	M50 - POSF	20:26.6		GOLD
		463	GADAPAN, RODELIO	M50 - UNATTACHED	21:22.3		SILVER
		482	TUMPANG , PIO	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	21:31.9		BRONZE
		455	BALBIN, LEONCIO JR	M50 - UNATTACHED	21:40.0		
		479	STA. ANA , WILLIAM	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	21:42.9		
		461	EPONG , ALLAN	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	21:47.6		
		472	NICOD-AM, RAYMUNDO	M50 - UNATTACHED	22:12.2		
		483	VALLOSO, RICARDO	M50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	23:45.3		
		454	APOSTOL, ERIC	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	26:11.3		
		478	RAYMUNDO, MACRINO	M50 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	28:47.3		
		474	OREDO, ANGELITO	M50 - PSC-POC MEDIA	DNF		
		456	BAUTISTA, REZALDO	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

120 7:00am 5000m			M55		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		494	BARCELO, NERI	M55 - TEAM DANIELA	20:13.2		GOLD
		507	HUEVOS, REY RAMIL	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	21:11.4		SILVER
		506	GALLAZA, JUN	M55 - UNATTACHED	22:17.1		BRONZE
		499	CHAVES, SUSANO TIBURCIO	M55 - TEAM DARIUK SANTIAGO ISABELA	22:22.2		
		529	VENCE, ROY	M55 - TEAM DANIELA	22:47.1		
		510	LACDAO, MARCELO	M55 - TEAM DANIELA	22:54.3		
		339	MARCE, ARIEL	M55 - LIONS OF THE SOUTH CITY RUNNERS, INC.	24:14.5		
		497	CERVANTES, DANILO	F50 - TEAM DARIUK SANTIAGO ISABELA	25:22.4		
		495	BATAC, ROLANDO	M55 - UNATTACHED	26:29.2		
		527	TUBES, EDGARDO	M55 - UNATTACHED	26:02.4		
		513	MEDRANO, DANILO	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	26:03.7		
		528	VELADO, JOHN	M55 - LIONS OF THE SOUTH CITY RUNNERS, INC.	26:39.6		
		493	ALIMBUYAO, RON	M55 - UNATTACHED	28:26.6		
		502	CRUZ, RAMIL	M55 - PSC-POC MEDIA	28:55.2		
		496	CARIG, MELCHOR	M55 - TEAM DARIUK SANTIAGO ISABELA	DNS		
		509	JIMENEZ, CESAR LAURIO	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		
		505	ESPINA, MARIO	M55 - TEAM DARIUK SANTIAGO ISABELA	DNS		
		519	ONDOY, ESMERALDO	M55 - TEAM DANIELA	DNS		
		526	SUGALAN, EFREN	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

122 7:20am JAVELIN THROW (800g)			M30		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		271	GONZALES, KENNY	M30 - PHILIPPINE AIRFORCE	55.67m		GOLD
		255	CAMBA, CRISTITUTO	M30 - TEAM MUNTINLUPA	42.15m		SILVER
		267	FRANCISCO, ROBERT	M30 - TEAM PNP	39.73m		BRONZE
		274	HEY, JOHN CHRISTOPHER	M30 - UNATTACHED	37.68m		
		258	DE GUZMAN, RODOLFO	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	33.55m		
		287	TATAD, ARCANGEL	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	20.64m		
		284	QUIÑONES, JHON HIGGER	M30 - UNATTACHED	DNS		
		326	GACAD, DARWIN	M35 - CITY OF SAN FERNANDO LA UNION	DNS		

123 7:20am JAVELIN THROW (800g)			M35		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		348	TAMAYO, YOURKE	M35 - PHILIPPINE AIRFORCE	39.77m		GOLD

		349	VERGARA, RHYEAN IAN	M35 - PHILIPPINE ARMY	39.41m		SILVER
		328	GOLIMLIM, DARRYL	M35 - HUKBONG KABITENYO	36.70m		BRONZE
		345	RAZON, FRANCIS XAVIER	M35 - UNATTACHED	34.48m		
		333	LANO, MARVIN	M35 - ELYU EAGLES MASTERS ATHLETICS TEAM	34.43m		
		330	GUMABAY, JOSE	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	32.29m		
		344	PADILLA, ARNOLD	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	22.87m		

124		7:20am	JAVELIN THROW (800g)		M40	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	vv	REMARKS
		370	DAEL , MARC	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	31.24m		GOLD
		395	SALONGA, DANILO	M40 - UNATTACHED	24.04m		SILVER
		364	CABALLERO, LYNDON	M40 - POSF	31.94m		BRONZE
		396	SANTOS, LENARD	M40 - POSF	21.46m		
		391	RECODO, RAUL	M40 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	17.82m		
		366	CHAUDHARY, RAJAT	M40 - UNATTACHED	NR		
		385	NICOLAS, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	NR		

125		7:20am	JAVELIN THROW (800g)		M45	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	vv	REMARKS
		428	FRESNIDO, ROBERTO	M45 - PHILIPPINE AIRFORCE	44.16m		GOLD
		444	SARTE, JEALVIES	M45 - POSF	35.30m		SILVER
		419	CHEE, ANTONIO JR.	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	34.64m		BRONZE
		437	PELAEZ, MICHAEL	M45 - TEAM PNP	32.61m		
		414	BARNACHEA JR, JOSELITO	M45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	19.33m		
		433	NAVARRO, JUNE	M45 - PSC-POC MEDIA	NR		

126		7:45am	5000m		M45	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	vv	REMARKS
		421	DAGA-AS, JOJIE	M45 - HUKBONG KABITENYO	18:10.7		GOLD
		416	BUENAVISTA, EDUARDO	M45 - PHILIPPINE AIRFORCE	18:44.8		SILVER
		426	FABROS, NOEL	M45 - TEAM DARIUK SANTIAGO ISABELA	18:53.3		BRONZE
		407	ANGUPA, MARTINIANO	M45 - UNATTACHED	19:32.9		
		427	FORTES, EDDIE	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	19:49.3		
		448	TENERIFE, MANUEL JR	M45 - PHILIPPINE AIRFORCE	20:50.6		
		380	MAGALONA, GERALD	M45 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	21:14.4		
		406	ALCANTARA, MARIO	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	21:37.6		
		409	ATENAS , JEFFREY	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	26:05.1		
		417	CALAUNAN, CHESTER	M45 - TEAM DARIUK SANTIAGO ISABELA	27:31.1		
		425	ESTRADA, MARCO	M45 - LIONS OF THE SOUTH CITY RUNNERS, INC.	28:18.7		
		420	CORPUZ, ISAGANI	M45 - CITY OF SAN FERNANDO LA UNION	28:48.4		
		418	CANILLO, ROVEL	M45 - PHILIPPINE AIRFORCE	DNS		
		423	DONAAL, RONALD	M45 - UNATTACHED	DNS		
		447	STO. TOMAS, HERNAN	M45 - UNATTACHED	DNS		

127		8:00am	JAVELIN THROW (700g)		M50	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	vv	REMARKS
		462	FRESNIDO, DANILO	M50 - PHILIPPINE ARMY	49.10m		GOLD
		457	CALUAG, RANDY	M50 - PSC-POC MEDIA	20.18m		SILVER
		480	SUGUITAN, JOSE ENRICO	M50 - POSF	14.60m		BRONZE
		464	GALICIA, JOHN GRANT GRAYMOND	M50 - UNATTACHED	13.85m		

128		8:00am	JAVELIN THROW (700g)		M55	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	vv	REMARKS
		518	OBIENA, EMERSON	M55 - UNATTACHED	26.60m		GOLD

		522	RONQUILLO, BRYAN	M55 - ELYU EAGLES MASTERS ATHLETICS TEAM	25.94m		SILVER
		525	SEGUI, DEMOSTHENES	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	20.96m		BRONZE
		514	MUAÑA, RAUL	M55 - TEAM MUNTINLUPA	12.57m		

129		8:00am	JAVELIN THROW (600g)		M60	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		557	LOI, RICCARDO	M60 - UNATTACHED	33.16m		GOLD
		564	NORO, YUKIHIRO	M60 - UNATTACHED	23.65m		SILVER
		561	MEDINA-CUE, HERMAN EMILIANO	M60 - DE LA SALLE ALUMNI ATHLETICS	20.87m		BRONZE
		547	CRUZ, VICTORINO	M60 - UNATTACHED	18.52m		
		572	SALAZAR, SATURNINO	M60 - TEAM PHILTRA	17.69m		

130		8:00am	JAVELIN THROW (600g)		M65	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		591	VILLA, JUAN JR.	M65 - DE LA SALLE ALUMNI ATHLETICS	23.38m		GOLD

131		8:00am	JAVELIN THROW (500g)		M70	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		608	VILLARTA, CORNILIO	M70 - TEAM DANIELA	13.75m		GOLD

132		8:00am	JAVELIN THROW (500g)		M75 and Above	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		611	GADELSHIN, FARID	M75 - UNATTACHED			GOLD

133		8:30am	5000m		M30	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		275	LAIDO, GILBERT	M30 - PHILIPPINE ARMY	16:17.39		GOLD
		288	TRUPA, REQUI	M30 - HUKBONG KABITENYO	16:30.99		SILVER
		263	FABITO JR, JOSE	M30 - PHILIPPINE ARMY	17:08.75		BRONZE
		277	MACANERAS, ARNIE	M30 - TEAM PHILTRA	17:27.22		
		268	GAPULAN, KIRK	M30 - UNATTACHED	18:45.53		
		283	PAWID, RHYS YVAN DANE	M30 - TEAM PHILTRA	19:10.61		

133		8:30am	5000m		M35	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		336	MADRID JR, RUDDY	M35 - UNATTACHED	17:52.79		GOLD
		340	MENDOZA, ARGEL	M35 - PHILIPPINE AIRFORCE	18:35.89		SILVER
		350	VIRAY, LEONARDO JR.	M35 - PHILIPPINE AIRFORCE	18:56.58		BRONZE
		327	GALAM, ALLAN	M35 - UNATTACHED	20:37.20		
		347	TABUDLONG, MARIO	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	20:58.43		
		315	COLOMA SR., GANNY LOU	M35 - PHILIPPINE AIRFORCE	23:10.90		
		341	MIGUEL, ALBERT	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	23:35.97		

133		8:30am	5000m		M40	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		390	QUISAY, ALLEY	M40 - PHILIPPINE ARMY	18:11.06		GOLD
		378	LASIBAL, ANGELITO JR.	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	20:17.12		SILVER
		375	GALICIO, JEFFREY	M40 - HUKBONG KABITENYO	20:52.05		BRONZE
		382	MILAN, RONE	M40 - HUKBONG KABITENYO	21:01.11		
		389	PAPIONA, EFREN	M40 - LIONS OF THE SOUTH CITY RUNNERS, INC.	23:47.22		

		391	RECODO, RAUL	M40 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	26:25.97		
		386	ODANGA, CHRISTENSEN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		
		383	MILANES, ROMEO	M40 - ELYU EAGLES MASTERS ATHLETICS TEAM	DNS		
		385	NICOLAS, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

134		8:30am	100m	M30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		250	ANDRESIO, ALVIN LLOYD	M30 - PHILIPPINE AIRFORCE	11.55		GOLD
		285	REYES, MARK	M30 - UNDERDOG FITNESS	11.86		SILVER
		269	GAYTA, JOB	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	11.98		BRONZE
		287	TATAD, ARCANGEL	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	12.27		
		254	CALATONG, RI-JAY	M30 - UNATTACHED	12.56		
		289	UCAG, EDDIE BOY	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	12.59		
		281	MOVILLA, JONATHAN	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	13.06		
		261	DICHE, JAYSON	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	13.8		

134		8:30am	100m	M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		319	DINO, ARMAN	M35 - PHILIPPINE AIRFORCE	11.39		GOLD
		348	TAMAYO, YOURKE	M35 - PHILIPPINE AIRFORCE	11.59		SILVER
		335	LIM, FERDINAND	M35 - PHILIPPINE AIRFORCE	12.03		BRONZE
		303	ALFONSO, JOHN MICHAEL	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	12.38		
		310	BANDALAN, ARIC	M35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	12.42		
		333	LANO, MARVIN	M35 - ELYU EAGLES MASTERS ATHLETICS TEAM	13.15		
		309	BALUT JR, FERNANDO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	13.59		
		314	CHANECO, HENRY	M35 - PHILIPPINE AIRFORCE	DNS		
		337	MAGBANUA, JASON	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

134		8:30am	100m	M40	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		360	BANATAO, AARON JAYXEN	M40 - TEAM PNP	12.3		GOLD
		361	BASCO, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	12.78		SILVER
		392	RIVERA, JOEL	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	13.09		BRONZE
		384	MIRASOL, LEOMAR	M40 - PHILIPPINE ARMY	13.26		
		368	CRISOSTOMO, GLYN	M40 - UNATTACHED	14.45		
		387	ODRON, REYVIN	M40 - LIONS OF THE SOUTH CITY RUNNERS, INC.	15.87		
		367	CORDERO, , REVIE	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	16.02		
		369	DACANAY, BERNARD	M40 - UNATTACHED	16.48		
		399	SULAIMAN, MOHD FARISH	M40 - UNATTACHED	DNS		

134		8:30am	100m	M45	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		405	AGUILAR, JOHN	M45 - UNATTACHED	12.67		GOLD
		435	OLIVEROS, ARTURO JR	M45 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	12.97 (.963)		SILVER
		442	ROBLES, EMMANUEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	12.97 (.969)		BRONZE
		432	MORAL, NATHANIEL	M45 - TEAM PNP	13.32		
		419	CHEE, ANTONIO JR.	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	13.75		
		440	RELUCIO, ANTHONEL	M45 - UNATTACHED	13.94		
		429	GACULA, JEEFER	M45 - PHILIPPINE AIRFORCE	13.91		
		415	BELTRAN , DAN DEX	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	14.42		
		446	SINAGUINAN, RAFAEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	15.28		

		422	DELA CRUZ, ARNOLD	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	17.73		
		433	NAVARRO, JUNE	M45 - PSC-POC MEDIA	DNS		
		444	SARTE, JEALVIES	M45 - POSF	DNS		

134		8:30am	100m	M50	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		452	AGUILA, VIRGILIO	M50 - TEAM PNP	14.34		GOLD
		465	GO, ALBERT	M50 - TEAM DANIELA	14.68		SILVER
		480	SUGUITAN, JOSE ENRICO	M50 - POSF	15.36		BRONZE
		473	NONA, ALLAN	M50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	15.4		
		477	RAGAS, ALDWIN	M50 - UNATTACHED	DNS		
		457	CALUAG, RANDY	M50 - PSC-POC MEDIA	DNS		

134		8:30am	100m	M55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		503	DIMAN, MAULANI	M55 - UNATTACHED	13.13		GOLD
		521	RADAZA, EDDIE	M55 - UNATTACHED	13.71		SILVER
		490	AGUSTIN, BRANDY	M55 - TEAM DARIUK SANTIAGO ISABELA	14.04		BRONZE
		498	CHAN, JOCSON	M55 - DE LA SALLE ALUMNI ATHLETICS	14.24		
		511	MACLANG, JUNE	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	14.81		
		500	CLEMENTE, EDWIN	M55 - UNATTACHED	15.75		
		508	ISIDRO, MARLON	M55 - UNATTACHED	18.26		
		525	SEGUI, DEMOSTHENES	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	18.71		
		518	OBIENA, EMERSON	M55 - UNATTACHED	DNS		

134		8:30am	100m	M60	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		554	GORDON, COLIN	M60 - UNATTACHED	14.37		GOLD
		545	BAYABAN, JULIO	M60 - TEAM MUNTINLUPA	14.56		SILVER
		538	BALCITA, GUILLERMO WILLIAM JR.	M60 - CITY OF SAN FERNANDO LA UNION	14.9		BRONZE
		563	NICOLAS JR., ALEJANDRO	M60 - UNATTACHED	15.57		
		548	DA SILVA, ROBERTO JOSE	M60 - DE LA SALLE ALUMNI ATHLETICS	15.59		
		555	JARQUIO, EDUARDO	M60 - CITY OF SAN FERNANDO LA UNION	17.39		
		568	SEPTIMO, EMMANUEL	M60 - PHILIPPINE AIRFORCE	17.39		
		537	AMADOR, ANTHONY VINCENT	M60 - DE LA SALLE ALUMNI ATHLETICS	18.30		

134		8:30am	100m	M65	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		582	LOBOS, ARNEL	M65 - TEAM MUNTINLUPA	14.49		GOLD
		578	BIRSE, DAVID	M65 - TEAM BAGUIO	17.22		SILVER
		583	LOZANO, EDUARDO	M65 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	17.68		BRONZE

134		8:30am	100m	M70	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		606	SUAREZ, WILLY	M70 - UNATTACHED	17.48		GOLD
		602	MULOC, USMAN	M70 - UNATTACHED	17.66		SILVER
		604	RAMIREZ, FERNANDO	M70 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	17.75		BRONZE

134		8:30am	100m	M85	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		615	RAMONES, FRANCISCO	M85 - UNATTACHED	36.51		GOLD

147	2:30pm	LONG JUMP		M30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		256	CAPISPISAN, RAY CRIS	M30 - PHILIPPINE AIRFORCE	5.79m		GOLD
		267	FRANCISCO, ROBERT	M30 - TEAM PNP	5.19m		SILVER
		287	TATAD, ARCANGEL	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	5.16m		BRONZE
		266	FLORES, NORMAN	M30 - TEAM PNP	5.15m		

147	2:30pm	LONG JUMP		M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		348	TAMAYO, YOURKE	M35 - PHILIPPINE AIRFORCE	5.70m		GOLD
		346	SANTOS, DARIO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	5.44m		SILVER
		349	VERGARA, RHYEAN IAN	M35 - PHILIPPINE ARMY	5.41m		BRONZE
		254	CALATONG, RI-JAY	M30 - UNATTACHED	5.26m		
		309	BALUT JR, FERNANDO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	4.77m		
		314	CHANECO, HENRY	M35 - PHILIPPINE AIRFORCE	NR		
		338	MARAYAG, BENIGNO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	NR		

147	2:30pm	LONG JUMP		M40	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		361	BASCO, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	5.51m		GOLD
		399	SULAIMAN, MOHD FARISH	M40 - UNATTACHED	4.99m		SILVER
		398	SORE, HERNANIE	M40 - UNIVERSITY OF BAGUIO	4.81m		BRONZE
		362	BUASEN, HORACE	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	4.47m		
		366	CHAUDHARY, RAJAT	M40 - UNATTACHED	3.62m		
		360	BANATAO, AARON JAYXEN	M40 - TEAM PNP	NR		
		385	NICOLAS, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	NR		

147	2:30pm	LONG JUMP		M45	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	wv	REMARKS
		411	BAGANO, DANNY	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM		4.50m		GOLD
		439	RANILLO, ALEXANDER	M45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS		2.82m		SILVER

151	2:30PM	400m	M30	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		269	GAYTA, JOB	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	56.91		GOLD
		264	FELIX, RONALD	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:02.41		SILVER
		257	CAPISTRANO, JOSE LORENZO	M30 - UNDERDOG FITNESS	1:03.34		BRONZE
		262	EJERCITO, JERICO	M30 - PHILIPPINE AIRFORCE	DNS		

151	2:30PM	400m	M35	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		302	ALEJAN JR, EDGARDO	M35 - PHILIPPINE AIRFORCE	54.64		GOLD
		310	BANDALAN, ARIC	M35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	59.92		SILVER
		322	EBOJO, RODEL MARK	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1:00.45		BRONZE
		312	CAMACHO, MIGUEL	M35 - UNDERDOG FITNESS	1:07.27		
		320	DOMINGO, FRANCIS	M35 - CITY OF SAN FERNANDO LA UNION	1:08.38		
		343	OLONAN, GASBAMEL	M35 - POSF	1:12.13		
		305	ARABIT, MARK JOSEPH	M35 - PHILIPPINE AIRFORCE	1:14.55		
		318	DAMASCO, DON	M35 - UNDERDOG FITNESS	DNS		

151	2:30PM	400m	M40				FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM			RESULTS	WV	REMARKS

		398	SORE, HERNANIE	M40 - UNIVERSITY OF BAGUIO	58.60		GOLD
		373	FANTILAGA, CARLITO	M40 - HUKBONG KABITENYO	58.62		SILVER
		360	BANATAO, AARON JAYXEN	M40 - TEAM PNP	1:00.69		BRONZE
		392	RIVERA, JOEL	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1:05.43		
		379	LOPEZ, RENE BOY	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1:08.53		
		400	TIQUI, JEFREN	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1:12.58		
		369	DACANAY, BERNARD	M40 - UNATTACHED	1:21.96		

151		2:30PM	400m	M45	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		442	ROBLES, EMMANUEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	59.24		GOLD
		450	YU, CHARLIE	M45 - TEAM PNP	59.64		SILVER
		426	FABROS, NOEL	M45 - TEAM DARIUK SANTIAGO ISABELA	1:06.51		BRONZE
		415	BELTRAN , DAN DEX	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:07.95		
		420	CORPUZ, ISAGANI	M45 - CITY OF SAN FERNANDO LA UNION	1:14.96		

151		2:30PM	400m	M50	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		468	LAGUSTAN JR, EDMUNDO	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:06.30		GOLD
		453	AOAY, RAMIL	M50 - CITY OF SAN FERNANDO LA UNION	1:07.89		SILVER
		479	STA. ANA , WILLIAM	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:08.14		BRONZE
		466	HIJALGA, ESTELITO	M50 - HUKBONG KABITENYO	1:09.08		
		473	NONA, ALLAN	M50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	DNS		
		477	RAGAS, ALDWIN	M50 - UNATTACHED	DNS		
		485	WONG, MARTIN	M50 - UNATTACHED	DNS		

151		2:30PM	400m	M55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		521	RADAZA, EDDIE	M55 - UNATTACHED	1:08.7		GOLD
		490	AGUSTIN, BRANDY	M55 - TEAM DARIUK SANTIAGO ISABELA	1:10.24		SILVER
		524	SABUCO, ENRIQUE	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	1:16.93		BRONZE
		525	SEGUI, DEMOSTHENES	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	1:29.67		

151		2:30PM	400m	M60	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		554	GORDON, COLIN	M60 - UNATTACHED	1:08.92		GOLD
		534	ADVINCULA, DEMETRIO	M60 - TEAM BAGUIO	1:12.83		SILVER
		552	EBREO, GIOVANNI	M60 - TEAM MUNTINLUPA	1:14.82		BRONZE
		558	MALAPAD, PEDRO	M60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	1:24.01		
		549	DATO-ON, JOEL	M55 - TEAM DANIELA	1:31.24		
		570	VALENZUELA, JESUS	M60 - TEAM BAGUIO	1:32.69		
		542	BANZON, JOSE MARI	M60 - DE LA SALLE ALUMNI ATHLETICS	DNS		

151		2:30PM	400m	M65	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		578	BIRSE, DAVID	M65 - TEAM BAGUIO	1:24.85		GOLD

151		2:30PM	400m	M70	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		600	IGAY, SOFRONIO	M70 - UNATTACHED	1:53.76		GOLD

151		2:30PM	400m	M75	FINAL		
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Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		610	BALABA, BRIGILIO	M75 - TEAM BAGUIO	1:58.36		GOLD

154	3:00pm	1500m	M30			FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		288	TRUPA, REQUI	M30 - HUKBONG KABITENYO	4:17.49		GOLD
		275	LAIDO, GILBERT	M30 - PHILIPPINE ARMY	4:20.69		SILVER
		272	GUARTE, MERVIN	M30 - PHILIPPINE AIRFORCE	4:34.35		BRONZE
		278	MANANGAN, JOHN REY	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	5:13.87		

154	3:00pm	1500m	M35			FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		301	AFRICA, ARIS	M35 - PHILIPPINE ARMY	4:15.97		GOLD
		308	BALDOZA JR., JEOFFREY	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	4.41.34		SILVER
		336	MADRID JR, RUDDY	M35 - UNATTACHED	4:43.27		BRONZE
		340	MENDOZA, ARGEL	M35 - PHILIPPINE AIRFORCE	5:04.63		
		342	OCON, PHILIP	M35 - TEAM PNP	5:32.69		
		326	GACAD, DARWIN	M35 - CITY OF SAN FERNANDO LA UNION	5:56.00		
		307	ASIAS, ZANWER	M35 - LIONS OF THE SOUTH CITY RUNNERS, INC.	7:19.13		

154	3:00pm	1500m	M40	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		363	BUSTAMANTE, RODEL	M40 - TEAM PNP	5:04.40		GOLD
		379	LOPEZ, RENE BOY	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	5:13.60		SILVER
		393	RONTAL, RICARDO	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	5:27.48		BRONZE
		362	BUASEN, HORACE	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	5:54.22		

154	3:00pm	1500m	M45	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		445	SERMONA, JULIUS	M45 - PHILIPPINE AIRFORCE	4:42.22		GOLD
		421	DAGA-AS, JOJIE	M45 - HUKBONG KABITENYO	4:42.41		SILVER
		426	FABROS, NOEL	M45 - TEAM DARIUK SANTIAGO ISABELA	5:08.74		BRONZE
		434	OBEREZ, JORDAN	M45 - PHILIPPINE AIRFORCE	5:17.90		
		427	FORTES, EDDIE	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	5:18.28		
		317	DALAWIS, BIENVENIDO	M45 - LIONS OF THE SOUTH CITY RUNNERS, INC.	5:51.31		

154	3:00pm	1500m	M50	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		471	LUNA, EDWARD	M50 - POSF	5:19.60		GOLD
		461	EPONG , ALLAN	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	5:23.18		SILVER
		482	TUMPANG , PIO	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	5:31.80		BRONZE
		458	CERALVO, MANSUETO	M50 - HUKBONG KABITENYO	5:39.96		
		463	GADAPAN, RODELIO	M50 - UNATTACHED	6:01.55		
		472	NICOD-AM, RAYMUNDO	M50 - UNATTACHED	6:15.49		
		483	VALLOSO, RICARDO	M50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	6:31.21		
		455	BALBIN, LEONCIO JR	M50 - UNATTACHED	DNF		
		456	BAUTISTA, REZALDO	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		
		473	NONA, ALLAN	M50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	DNS		

154	3:00pm	1500m	M55	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS

		526	SUGALAN, EFREN	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	5:33.10		GOLD
		510	LACDAO, MARCELO	M55 - TEAM DANIELA	5:58.32		SILVER
		520	QUIOGUE, ARMANDO	M55 - TEAM DANIELA	6:00.80		BRONZE
		506	GALLAZA, JUN	M55 - UNATTACHED	6:14.80		
		527	TUBES, EDGARDO	M55 - UNATTACHED	6:29.13		
		515	NATANO, MELBERT	M55 - UNATTACHED	6:40.25		
		512	MAGTABOG, RICARDO	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	6:44.20		
		499	CHAVES, SUSANO TIBURCIO	M55 - TEAM DARIUK SANTIAGO ISABELA	6:47.18		
		513	MEDRANO, DANILO	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	7:11.35		
		339	MARCE, ARIEL	M55 - LIONS OF THE SOUTH CITY RUNNERS, INC.	DNS		
		493	ALIMBUYAO, RON	M55 - UNATTACHED	DNS		
		505	ESPINA, MARIO	M55 - TEAM DARIUK SANTIAGO ISABELA	DNS		

154 3:00pm 1500m			M60		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		553	EUSEBIO, JOSE	M60 - HUKBONG KABITENYO	5:56.04		GOLD
		540	BANTANG, GERALDO	M60 - TEAM DANIELA	6:00.15		SILVER
		566	RAMOS, ESMERALDO	M60 - TEAM DARIUK SANTIAGO ISABELA	6:04.69		BRONZE
		544	BARSAGA, ELY	M60 - UNATTACHED	6:21.22		
		534	ADVINCULA, DEMETRIO	M60 - TEAM BAGUIO	6:34.39		
		536	ALEJANDRO, ROLANDO	M60 - TEAM DARIUK SANTIAGO ISABELA	6:39.36		
		546	CALDERON, CAMILO	M60 - JD TRAINING PERFORMANCE BULACAN MASTERS	7:28.13		
		565	QUEZADA, BONIFACIO	M60 - TEAM DARIUK SANTIAGO ISABELA	7:41.69		

154 3:00pm 1500m			M65		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		589	STA. ROSA, RENE	M65 - PHILIPPINE AIRFORCE	6:49.74		GOLD
		579	BRIONES, EDESIO	M65 - UNATTACHED	7:16.21		SILVER
		590	TORRES, GREGORIO	M65 - UNATTACHED	7:53.44		BRONZE
		575	ALACAR, SEVERINO	M65 - TEAM BAGUIO	8:16.66		
		581	DELA RAMA, ROGACIANO	M65 - JD TRAINING PERFORMANCE BULACAN MASTERS	9:58.90		

154 3:00pm 1500m			M70		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		604	RAMIREZ, FERNANDO	M70 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	6:57.56		GOLD
		603	NAVARETTE, EDUARDO	M70 - JD TRAINING PERFORMANCE BULACAN MASTERS	7:01.20		SILVER
		600	IGAY, SOFRONIO	M70 - UNATTACHED	8:40.88		BRONZE

156 3:40pm SHOT PUT (6kg)			M50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		467	HIPOLITO, NIXON	M50 - PHILIPPINE AIRFORCE	13.17m		GOLD
		480	SUGUITAN, JOSE ENRICO	M50 - POSF	6.76m		SILVER
		481	TAN, JAYSON	M50 - POSF	6.57m		BRONZE

157 3:40pm SHOT PUT (6kg)			M55		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		503	DIMAN, MAULANI	M55 - UNATTACHED	10.35m		GOLD
		518	OBIENA, EMERSON	M55 - UNATTACHED	9.35m		SILVER
		522	RONQUILLO, BRYAN	M55 - ELYU EAGLES MASTERS ATHLETICS TEAM	7.86m		BRONZE

158 3:40pm SHOT PUT (5kg)			M60		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS

		564	NORO, YUKIHIRO	M60 - UNATTACHED	8.27m		GOLD
		561	MEDINA-CUE, HERMAN EMILIANO	M60 - DE LA SALLE ALUMNI ATHLETICS	7.40m		SILVER
		569	TORRES, ADELIO	M60 - UNATTACHED	6.63m		BRONZE

158	3:40pm	SHOT PUT (5kg)		M65	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		591	VILLA, JUAN JR.	M65 - DE LA SALLE ALUMNI ATHLETICS	9.36m		GOLD
		588	REYES, FRANCISCO	M65 - DE LA SALLE ALUMNI ATHLETICS	8.61m		SILVER

160	3:40pm	HAMMER THROW		M30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		279	MARTIN, LORENZO	M30 - UNATTACHED	24.90m		GOLD
		258	DE GUZMAN, RODOLFO	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	22.54m		SILVER

160	3:40pm	HAMMER THROW		M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		324	FLORES, MATTHEW	M35 - UNATTACHED	37.53m		GOLD
		325	FRANCISCO, KARL CHRISTIAN	M35 - UNATTACHED	36.70m		SILVER
		332	HEY, CHRISTOPHER DOMINIQUE	M35 - UNATTACHED	28.59m		BRONZE
		344	PADILLA, ARNOLD	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	27.02m		
		330	GUMABAY, JOSE	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	25.62m		
		306	ARAYATA, ANGELO	M35 - UNATTACHED	DNS		

160	3:40pm	HAMMER THROW		M40	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		374	FERRERA, ARNIEL	M40 - PHILIPPINE AIRFORCE	47.46m		GOLD
		377	LALWANI, ARVIND	M40 - UNATTACHED	19.54m		SILVER

160	3:40pm	HAMMER THROW		M45	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		438	PERATER, JERRO D	M45 - PHILIPPINE AIRFORCE	29.32m		GOLD

160	3:40pm	HAMMER THROW		M55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		518	OBIENA, EMERSON	M55 - UNATTACHED	24.66m		GOLD

160	3:40pm	HAMMER THROW		M60	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	wv	REMARKS
		561	MEDINA-CUE, HERMAN EMILIANO	M60 - DE LA SALLE ALUMNI ATHLETICS	12.80m		GOLD



RELAY RESULTS - DAY 1

139a 9:50am		4X400m MIXED RELAY		M30/F30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		283	PAWID, RHYS YVAN DANE	M30 - TEAM PHILTRA	04:35.0		GOLD
		166	MARTES, CHRISTABEL	F40 - TEAM PHILTRA			
		272	GUARTE, MERVIN	M30 - PHILIPPINE AIRFORCE			
		104	CABALO, ANGELIE	F30 - TEAM PHILTRA			
		261	DICHE, JAYSON	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	05:01.3		SILVER
		114	GALVEZ, MARIA JENNYFER	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		269	GAYTA, JOB	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		116	MAGUGAT, FAYE KRISTABELLE	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			

139b 9:50am		4X400m MIXED RELAY		M35/F35	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		319	DINO, ARMAN	M35 - PHILIPPINE AIRFORCE	04:08.2		GOLD
		137	DOÑOS, FLORDELIZA	F35 - PHILIPPINE AIRFORCE			
		302	ALEJAN JR, EDGARDO	M35 - PHILIPPINE AIRFORCE			
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE			
		337	MAGBANUA, JASON	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	04:45.8		SILVER
		141	LAVA , MARI JOIE	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		308	BALDOZA JR., JEOFFREY	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		135	CAPENTES, MARECRIS	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS			

139c 9:50am		4X400m MIXED RELAY		M40/F40	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		392	RIVERA, JOEL	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	05:21.4		GOLD
		175	VERGARA, GREGORIA	F40 - UNATTACHED			
		400	TIQUI, JEFREN	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		372	EVANGELISTA, JOSEPHINE CHRISANTA	F40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		367	CORDERO, , REVIE	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	06:04.2		SILVER
		167	MEDINA , FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		393	RONTAL, RICARDO	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		201	ANCHETA, BRENDA	F50 - JD TRAINING PERFORMANCE BULACAN MASTERS			

139d 9:50am		4X400m MIXED RELAY		M45/F45	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		439	RANILLO, ALEXANDER	M45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	05:00.8		GOLD
		190	GAMMAD, MARICAR	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		478	RAYMUNDO, MACRINO	M50 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		406	ALCANTARA, MARIO	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	05:35.2		SILVER
		183	FAUSTINO , CATALINA	F45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		442	ROBLES, EMMANUEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		186	ODANGA, RHODORA	F45 - JD TRAINING PERFORMANCE BULACAN MASTERS			

161a 3:40pm		4X100m RELAY		M30	FINAL		
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Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		250	ANDRESIO, ALVIN LLOYD	M30 - PHILIPPINE AIRFORCE	45.18		GOLD
		260	DELOS SANTOS, MARK IAN	M30 - PHILIPPINE AIRFORCE			
		256	CAISPISAN, RAY CRIS	M30 - PHILIPPINE AIRFORCE			
		259	DEL PRADO, ISIDRO JR	M30 - PHILIPPINE AIRFORCE			
		287	TATAD, ARCANGEL	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	50.03		SILVER
		333	LANO, MARVIN	M35 - ELYU EAGLES MASTERS ATHLETICS TEAM			
		258	DE GUZMAN, RODOLFO	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM			
		278	MANANGAN, JOHN REY	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM			
		281	MOVILLA, JONATHAN	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	50.10		BRONZE
		289	UCAG, EDDIE BOY	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		264	FELIX, RONALD	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		269	GAYTA, JOB	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		312	CAMACHO, MIGUEL	M35 - UNDERDOG FITNESS	50.52		
		285	REYES, MARK	M30 - UNDERDOG FITNESS			
		286	RIVERA, JOSE LORENZO	M30 - UNDERDOG FITNESS			
		257	CAPISTRANO, JOSE LORENZO	M30 - UNDERDOG FITNESS			

161b 3:40pm 4X100m RELAY M35 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		348	TAMAYO, YOURKE	M35 - PHILIPPINE AIRFORCE	44.88		GOLD
		302	ALEJAN JR, EDGARDO	M35 - PHILIPPINE AIRFORCE			
		335	LIM, FERDINAND	M35 - PHILIPPINE AIRFORCE			
		319	DINO, ARMAN	M35 - PHILIPPINE AIRFORCE			
		337	MAGBANUA, JASON	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	51.11		SILVER
		308	BALDOZA JR., JEOFFREY	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		341	MIGUEL, ALBERT	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		303	ALFONSO, JOHN MICHAEL	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			

161c 3:40pm 4X100m RELAY M40 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		360	BANATAO, AARON JAYXEN	M40 - TEAM PNP	54.54		GOLD
		365	CARREON, JUNY REX	M40 - TEAM PNP			
		363	BUSTAMANTE, RODEL	M40 - TEAM PNP			
		452	AGUILA, VIRGILIO	M50 - TEAM PNP			
		392	RIVERA, JOEL	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	54.58		SILVER
		362	BUASEN, HORACE	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		379	LOPEZ, RENE BOY	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		400	TIQUI, JEFREN	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		361	BASCO, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	56.16		BRONZE
		367	CORDERO, , REVIE	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		402	VELASCO, JEORGE ALI	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		393	RONTAL, RICARDO	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		389	PAPIONA, EFREN	M40 - LIONS OF THE SOUTH CITY RUNNERS, INC.	58.83		
		387	ODRON, REYVIN	M40 - LIONS OF THE SOUTH CITY RUNNERS, INC.			
		412	BANSEL, EDUARDO	M45 - LIONS OF THE SOUTH CITY RUNNERS, INC.			
		317	DALAWIS, BIENVENIDO	M45 - LIONS OF THE SOUTH CITY RUNNERS, INC.			

161d 3:40pm 4X100m RELAY M45 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		450	YU, CHARLIE	M45 - TEAM PNP			

		424	ESQUIERDO, MELQUIADES	M45 - UNATTACHED	50.87		GOLD
		432	MORAL, NATHANIEL	M45 - TEAM PNP			
		437	PELAEZ, MICHAEL	M45 - TEAM PNP			
		440	RELUCIO, ANTHONEL	M45 - UNATTACHED	53.58		SILVER
		429	GACULA, JEEFER	M45 - PHILIPPINE AIRFORCE			
		434	OBEREZ, JORDAN	M45 - PHILIPPINE AIRFORCE			
		445	SERMONA, JULIUS	M45 - PHILIPPINE AIRFORCE			
		409	ATENAS , JEFFREY	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	58.33		BRONZE
		446	SINAGUINAN, RAFAEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		422	DELA CRUZ, ARNOLD	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		442	ROBLES, EMMANUEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		420	CORPUZ, ISAGANI	M45 - CITY OF SAN FERNANDO LA UNION	1:03.54		
		538	BALCITA, GUILLERMO WILLIAM JR.	M60 - CITY OF SAN FERNANDO LA UNION			
		555	JARQUIO, EDUARDO	M60 - CITY OF SAN FERNANDO LA UNION			
		453	AOAY, RAMIL	M50 - CITY OF SAN FERNANDO LA UNION			

161e 3:40pm 4X100m RELAY M50 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		482	TUMPANG , PIO	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:02.46		GOLD
		479	STA. ANA , WILLIAM	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		526	SUGALAN, EFREN	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		511	MACLANG, JUNE	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		499	CHAVES, SUSANO TIBURCIO	M55 - TEAM DARIUK SANTIAGO ISABELA	1:07.18		SILVER
		497	CERVANTES, DANILO	M55 - TEAM DARIUK SANTIAGO ISABELA			
		505	ESPINA, MARIO	M55 - TEAM DARIUK SANTIAGO ISABELA			
		490	AGUSTIN, BRANDY	M55 - TEAM DARIUK SANTIAGO ISABELA			

161f 3:40pm 4X100m RELAY M55 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		548	DA SILVA, ROBERTO JOSE	M60 - DE LA SALLE ALUMNI ATHLETICS	1:01.44		GOLD
		498	CHAN, JOCSON	M55 - DE LA SALLE ALUMNI ATHLETICS			
		556	LAZO, GERALD	M60 - DE LA SALLE ALUMNI ATHLETICS			
		554	GORDON, COLIN	M60 - UNATTACHED			
		581	DELA RAMA, ROGACIANO	M65 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:18.41		SILVER
		546	CALDERON, CAMILO	M60 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		603	NAVARETTE, EDUARDO	M70 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		507	HUEVOS, REY RAMIL	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS			

161g 3:40pm 4X100m RELAY M60 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		582	LOBOS, ARNEL	M65 - TEAM MUNTINLUPA	1:01.42		GOLD
		557	LOI, RICCARDO	M60 - UNATTACHED			
		552	EBREO, GIOVANNI	M60 - TEAM MUNTINLUPA			
		545	BAYABAN, JULIO	M60 - TEAM MUNTINLUPA			
		534	ADVINCULA, DEMETRIO	M60 - TEAM BAGUIO	1:07.16		SILVER
		570	VALENZUELA, JESUS	M60 - TEAM BAGUIO			
		575	ALACAR, SEVERINO	M65 - TEAM BAGUIO			
		551	DUWAY, SANTIAGO	M60 - UNATTACHED			
		536	ALEJANDRO, ROLANDO	M60 - TEAM DARIUK SANTIAGO ISABELA	1:13.51		BRONZE
		565	QUEZADA, BONIFACIO	M60 - TEAM DARIUK SANTIAGO ISABELA			
		587	PILONES, DELFIN JR.	M65 - TEAM DARIUK SANTIAGO ISABELA			

		566	RAMOS, ESMERALDO	M60 - TEAM DARIUK SANTIAGO ISABELA		
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161h 3:40pm		4X100m RELAY		F30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		106	CAMPOS, MELISSA	F30 - POSF	56.25		GOLD
		151	TEJARES, MILKY MAE	F35 - POSF			
		119	QUE-AGUILAR, PRECIOUS	F30 - POSF			
		105	CABUYA, PRECIOUS	F30 - POSF			
		130	BALARES, JANICEL	F35 - TEAM PNP	1:00.49		SILVER
		397	SOFLA, RONIEN	F40 - TEAM PNP			
		103	BALACANO, YRNA LIZETTE	F30 - TEAM PNP			
		123	UDAUNDO, JAHNZEL	F30 - TEAM PNP			
		118	MANANSALA , AILEEN	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:08.63		BRONZE
		111	DOMINGO, PRINCESS	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		114	GALVEZ, MARIA JENNYFER	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		135	CAPENTES, MARECRIS	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS			

161i 3:40pm		4X100m RELAY		F35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		146	ONG, SHELIALYN	F35 - PHILIPPINE AIRFORCE	57.42		GOLD
		164	GENILZA, JONAH	F40 - PHILIPPINE AIRFORCE			
		137	DOÑOS, FLORDELIZA	F35 - PHILIPPINE AIRFORCE			
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE			
		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	59.00		SILVER
		190	GAMMAD, MARICAR	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		152	UCOL, ELVIRA	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		165	MAGRACIA, MARICEL	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:07.00		BRONZE
		183	FAUSTINO , CATALINA	F45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		167	MEDINA , FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		148	SALAYSAY, HONEY JOY	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS			

161j 3:40pm		4X100m RELAY		F45	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		180	CALMA, VICTORINA	F45 - PHILIPPINE AIRFORCE	1:04.5		GOLD
		207	PUNELAS, ELENITA	F50 - PHILIPPINE AIRFORCE			
		189	REYNANTE, CHERRYL	F45 - PHILIPPINE AIRFORCE			
		212	YACOB, ROUCHELLE	F50 - PHILIPPINE AIRFORCE			

161k 3:40pm		4X100m RELAY		F50	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		181	DELA TORRE, EVELYN	F50 - PHILIPPINE AIRFORCE	1:12.12		GOLD
		208	SISON, RHINA	F50 - PHILIPPINE AIRFORCE			
		504	DOMINGO, ROCELIA	F55 - PHILIPPINE AIRFORCE			
		232	VEJANO, LORNA	F60 - PHILIPPINE AIRFORCE			

161l 3:40pm		4X100m RELAY		F55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		237	ROSALE, EMELIE	F65 - TEAM MUNTINLUPA	1:12.12		GOLD
		224	LOBOS, PERLA	F55 - TEAM MUNTINLUPA			
		223	HITALIA, CELMA	F55 - TEAM MUNTINLUPA			

		230	BAYABAN, SALVE	F60 - TEAM MUNTINLUPA		
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RESULTS WOMEN - DAY 2

201 6:00am 3000m RACE WALK			F30		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		109	DEL SOCORRO, JOYCE	F30 - PHILIPPINE AIRFORCE	23:15.4		GOLD
		114	GALVEZ, MARIA JENNYFER	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	25:23.6		SILVER

201 6:00am 3000m RACE WALK			F35		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		149	SANTOS, ROSILYN	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	21:09.0		GOLD
		144	MAGCALE, BEVERLY	F35 - PHILIPPINE AIRFORCE	30:31.0		SILVER
		132	BOLIVAR, CORAZON	F35 - PHILIPPINE AIRFORCE	DNS		

201 6:00am 3000m RACE WALK			F45		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		183	FAUSTINO , CATALINA	F45 - JD TRAINING PERFORMANCE BULACAN MASTERS	24:44.4		GOLD
		188	RELIZAN, MICHELLE	F45 - ELYU EAGLES MASTERS ATHLETICS TEAM	25:06.7		SILVER

201 6:00am 3000m RACE WALK			F50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		203	ESGUERRA, JOVITA	F50 - TEAM DARIUK SANTIAGO ISABELA	24:13.0		GOLD
		205	MABAGOS, MERLINA	F50 - TEAM DARIUK SANTIAGO ISABELA	29:42.0		SILVER
		204	GALON, CATHERINE	F50 - TEAM DARIUK SANTIAGO ISABELA	29:47.8		BRONZE
		206	PASCUAL, MARITES	F50 - TEAM DARIUK SANTIAGO ISABELA	31:24.4		

201 6:00am 3000m RACE WALK			F55		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		222	GALANG, WILMA	F55 - TEAM DARIUK SANTIAGO ISABELA	30:56.6		GOLD
		225	MERCADO, LIEZEL	F55 - TEAM DARIUK SANTIAGO ISABELA	DQ		

201 6:00am 3000m RACE WALK			F60		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		231	ILAGAN, CAROLYN	F60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	26:01.5		GOLD

201 6:00am 3000m RACE WALK			F65		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		236	PULGAR, ROSARIO	F65 - TEAM MUNTINLUPA	DNS		

201 6:00am 3000m RACE WALK			F75		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		245	WAKEFIELD, EDITHA	F75 - UNATTACHED	32:01.8		GOLD

203 6:00am DISCUS THROW (1kg)			F30		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		123	UDAUNDO, JAHNZEL	F30 - TEAM PNP	25.81m		GOLD
		113	FERRERA, KENNETH GRACE	F30 - PHILIPPINE AIRFORCE	DNS		

203 6:00am DISCUS THROW (1kg)			F35		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		138	GAMMAG, MARICRIS	F35 - TEAM PNP	22.33m		GOLD
		311	BANTOLINO, MARICEL	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	16.27m		SILVER

203	6:00am	DISCUS THROW (1kg)			F45	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS		17.86m		GOLD
		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS		14.94m		SILVER

203	6:00am	DISCUS THROW (1kg)			F50	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		202	CLARAVALL, DROLLY	F50 - UNATTACHED		20.16m		GOLD
		209	STAPLES, JUDITH	F50 - UNATTACHED		DNS		

203	6:00am	DISCUS THROW (1kg)			F55	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		221	DEL ROSARIO, MIRJAM	F55 - UNATTACHED		10.07m		GOLD
		504	DOMINGO, ROCELIA	F55 - PHILIPPINE AIRFORCE		9.20m		SILVER

203	6:00am	DISCUS THROW (1kg)			F70	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		240	LAVANDIA, ERLINDA	F70 - TEAM BAGUIO		19.19m		GOLD

204	6:00am	JAVELIN THROW (500g)			F50	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		202	CLARAVALL, DROLLY	F50 - UNATTACHED		14.27m		GOLD
		209	STAPLES, JUDITH	F50 - UNATTACHED		DNS		

204	6:00am	JAVELIN THROW (500g)			F55	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		504	DOMINGO, ROCELIA	F55 - PHILIPPINE AIRFORCE		9.76m		GOLD
		221	DEL ROSARIO, MIRJAM	F55 - UNATTACHED		8.50m		SILVER

204	6:00am	JAVELIN THROW (500g)			F65	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		237	ROSALE, EMELIE	F65 - TEAM MUNTINLUPA		15.13m		GOLD

204	6:00am	JAVELIN THROW (500g)			F70	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		240	LAVANDIA, ERLINDA	F70 - TEAM BAGUIO		20.95m		GOLD

204	6:00am	JAVELIN THROW (500g)			F75	FINAL		
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		245	WAKEFIELD, EDITHA	F75 - UNATTACHED		DNS		

207	6:30am	200m	F30	FINAL			
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		119	QUE-AGUILAR, PRECIOUS	F30 - POSF	29.52	+01.10	GOLD
		112	FAGARAGAN, CHARMAINE JOY	F30 - PHILIPPINE AIRFORCE	30.48	+01.10	SILVER
		122	TARIAO, BEVERLIE	F30 - UNATTACHED	31.25	+01.10	BRONZE
		103	BALACANO, YRNA LIZETTE	F30 - TEAM PNP	31.91	+01.10	
		121	RANGEL, ANGELA ZYRA	F30 - PHILIPPINE AIRFORCE	32.54	+01.10	

207	6:30am	200m	F35				FINAL	
Lane		BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		143	MAGALONA, LORELY	F35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)		31.51	+00.30	GOLD
		146	ONG, SHELIALYN	F35 - PHILIPPINE AIRFORCE		31.74	+00.30	SILVER

		152	UCOL, ELVIRA	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	32.29	+00.30	BRONZE
		130	BALARES, JANICEL	F35 - TEAM PNP	33.18	+00.30	
		140	LACHICA, ERICA	F35 - POSF	35.86	+00.30	
		144	MAGCALE, BEVERLY	F35 - PHILIPPINE AIRFORCE	45.89	+00.30	

207		6:30am	200m	F40	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
4		165	MAGRACIA, MARICEL	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	31.99	+01.20	GOLD
5		167	MEDINA, FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	35.15	+01.20	SILVER
6		169	MILAN, KATHERINE	F40 - HUKBONG KABITENYO	35.36	+01.20	BRONZE
7		171	RIMA, LEDA	F40 - HUKBONG KABITENYO	38.91	+01.20	

207		6:30am	200m	F45	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
2		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	29.93	-00.40	GOLD
3		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	35.91	-00.40	SILVER
4		186	ODANGA, RHODORA	F45 - JD TRAINING PERFORMANCE BULACAN MASTERS	36.91	-00.40	BRONZE
5		184	FERRERA, CHRISTINE	F45 - TEAM PHILTRA	39.29	-00.40	
6		188	RELIZAN, MICHELLE	F45 - ELYU EAGLES MASTERS ATHLETICS TEAM	49.47	-00.40	
7		180	CALMA, VICTORINA	F45 - PHILIPPINE AIRFORCE	DNS		

207		6:30am	200m	F50	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
2		207	PUNELAS, ELENITA	F50 - PHILIPPINE AIRFORCE	33.77	+00.50	GOLD
3		212	YACOB, ROUCHELLE	F50 - PHILIPPINE AIRFORCE	37.67	+00.50	SILVER
5		181	DELA TORRE, EVELYN	F50 - PHILIPPINE AIRFORCE	39.77	+00.50	BRONZE
6		208	SISON, RHINA	F50 - PHILIPPINE AIRFORCE	40.89	+00.50	

207		6:30am	200m	F55	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
7		224	LOBOS, PERLA	F55 - TEAM MUNTINLUPA	35.34	+00.50	GOLD

207		6:30am	200m	F60	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
4		230	BAYABAN, SALVE	F60 - TEAM MUNTINLUPA	33.67	+00.50	GOLD
6		232	VEJANO, LORNA	F60 - PHILIPPINE AIRFORCE	39.23	+00.50	SILVER

207		6:30am	200m	F65	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
7		235	PILONES, MA. VICTORIA	F65 - TEAM DARIUK SANTIAGO ISABELA	1:33.78	+00.50	GOLD

207		6:30am	200m	F75	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
5		241	OGSIMER, ROSALINDA	F75 - UNATTACHED	1:03.27	+00.50	GOLD

210		8:00am	POLE VAULT	F35	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		133	BUENAVENTURA, RIEZEL	F35 - PHILIPPINE AIRFORCE	3.20m		GOLD

210		8:00am	POLE VAULT	F50	FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		209	STAPLES, JUDITH	F50 - UNATTACHED	1.85m		GOLD

213		2:30pm	2000m STEEPLE CHASE	F30	FINAL		
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Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		120	QUIRANTE, JENISMYLL	F30 - PHILIPPINE ARMY	DNS		

213 2:30pm 2000m STEEPLE CHASE F35 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		150	TAM, PRINCESS CRISTINE	F35 - PHILIPPINE AIRFORCE	9:56.5		GOLD

213 2:30pm 2000m STEEPLE CHASE F40 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE	8:29.5		GOLD

213 2:30pm 2000m STEEPLE CHASE F45 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		190	GAMMAD, MARICAR	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	10:35.0		GOLD

219 3:00pm TRIPLE JUMP F30 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		102	ALBINIO, JOY	F30 - PHILIPPINE ARMY	10.03m		GOLD

219 3:00pm TRIPLE JUMP F45 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	8.59m		GOLD

220 3:00pm 800m F30 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		124	VELASCO, ANGELIQUE	F30 - PHILIPPINE AIRFORCE	2:54.3		GOLD
		118	MANANSALA , AILEEN	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS	2:55.4		SILVER
		120	QUIRANTE, JENISMYLL	F30 - PHILIPPINE ARMY	DNS		

220 3:00pm 800m F35 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		143	MAGALONA, LORELY	F35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	3:04.5		GOLD
		139	GETIGAN, VIVIAN	F35 - PHILIPPINE AIRFORCE	3:15.5		SILVER
		140	LACHICA, ERICA	F35 - POSF	3:22.1		BRONZE
		142	LAZO, MARICEL	F35 - PHILIPPINE AIRFORCE	3:26.3		
		131	BAUTISTA, SHEENA ROSE	F35 - PHILIPPINE ARMY	3:31.9		
		134	CABANG, NORILYN	F35 - PHILIPPINE AIRFORCE	3:34.8		
		137	DOÑOS, FLORDELIZA	F35 - PHILIPPINE AIRFORCE	DNS		

220 3:00pm 800m F40 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE	2:32.4		GOLD
		166	MARTES, CHRISTABEL	F40 - TEAM PHILTRA	2:56.0		SILVER
		397	SOFLA, RONIEN	F40 - TEAM PNP	3:16.0		BRONZE
		372	EVANGELISTA, JOSEPHINE CHRISANTA	F40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	3:28.1		
		163	DE PEDRO, CATHY	F40 - PHILIPPINE AIRFORCE	3:56.0		
		175	VERGARA, GREGORIA	F40 - UNATTACHED	DNF		
		173	ROSERO, LAARNEE	F40 - PHILIPPINE AIRFORCE	DNS		

220 3:00pm 800m F45 FINAL

Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		190	GAMMAD, MARICAR	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	3:07.9		GOLD
		189	REYNANTE, CHERRYLL	F45 - PHILIPPINE AIRFORCE	3:23.8		SILVER

220 3:00pm		800m	F50		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		210	VINUYA, CATHERINE	F50 - POSF	3:32.5		GOLD
		208	SISON, RHINA	F50 - PHILIPPINE AIRFORCE	3:50.4		SILVER
		200	ALAN, VIDI	F50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	DQ		

220 3:00pm		800m	F55		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		223	HITALIA, CELMA	F55 - TEAM MUNTINLUPA	3:43.3		GOLD
		226	OBMINA-MUAÑA, MA. CARMENCITA	F55 - DE LA SALLE ALUMNI ATHLETICS	4:40.8		SILVER

220 3:00pm		800m	F60		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		231	ILAGAN, CAROLYN	F60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	5:16.2		GOLD

220 3:00pm		800m	F75		FINAL		
Lane		BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		241	OGSIMER, ROSALINDA	F75 - UNATTACHED	4:38.7		GOLD



202 6:00am 3000m RACE WALK			M30		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		273	GUMACAL, DAVE	M30 - TEAM PNP	18:06.5		GOLD

202 6:00am 3000m RACE WALK			M35		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		304	ANDAYA, LARRY	M35 - PHILIPPINE ARMY	17:20.8		GOLD

202 6:00am 3000m RACE WALK			M40		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		383	MILANES, ROMEO	M40 - ELYU EAGLES MASTERS ATHLETICS TEAM	25:34.9		GOLD

202 6:00am 3000m RACE WALK			M45		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		408	ANO, ROEL	M45 - UNATTACHED	18:05.1		GOLD
		417	CALAUNAN, CHESTER	M45 - TEAM DARIUK SANTIAGO ISABELA	22:51.6		SILVER
		411	BAGANO, DANNY	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	26:47.6		BRONZE
		409	ATENAS, JEFFREY	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

202 6:00am 3000m RACE WALK			M50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		459	DIAZ, SONNY	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	20:17.2		GOLD
		469	LLACER, LEO CAESAR	M50 - UNATTACHED	23:10.1		SILVER

202 6:00am 3000m RACE WALK			M55		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		495	BATAC, ROLANDO	M55 - UNATTACHED	21:55.2		GOLD
		496	CARIG, MELCHOR	M55 - TEAM DARIUK SANTIAGO ISABELA	22:22.6		SILVER
		501	CRISOSTOMO, ANTONIO RAMIL	M55 - TEAM MUNTINLUPA	24:26.3		BRONZE
		505	ESPINA, MARIO	M55 - TEAM DARIUK SANTIAGO ISABELA	DNF		
		506	GALLAZA, JUN	M55 - UNATTACHED	DNF		

202 6:00am 3000m RACE WALK			M60		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		565	QUEZADA, BONIFACIO	M60 - TEAM DARIUK SANTIAGO ISABELA	19:27.2		GOLD
		559	MANDAP, ROBERT	M60 - TEAM MUNTINLUPA	21:52.1		SILVER
		531	ABELLERA, RENATO NESTOR	M60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	22:00.9		BRONZE
		539	BANIQUED, MARGARITO	M60 - PHILIPPINE AIRFORCE	23:48.5		
		572	SALAZAR, SATURNINO	M60 - TEAM PHILTRA	27:05.1		
		550	DESPI, RONALD	M60 - TEAM DANIELA	DNF		

202 6:00am 3000m RACE WALK			M65		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		575	ALACAR, SEVERINO	M65 - TEAM BAGUIO	20:56.3		GOLD
		587	PILONES, DELFIN JR.	M65 - TEAM DARIUK SANTIAGO ISABELA	25:24.2		SILVER
		581	DELA RAMA, ROGACIANO	M65 - JD TRAINING PERFORMANCE BULACAN MASTERS	25:33.8		BRONZE

202 6:00am 3000m RACE WALK			M70		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		608	VILLARTA, CORNILIO	M70 - TEAM DANIELA	22:10.6		GOLD

209 7:00am 200m			M35		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		319	DINO, ARMAN	M35 - PHILIPPINE AIRFORCE	24.62		GOLD
		335	LIM, FERDINAND	M35 - PHILIPPINE AIRFORCE	25.49		SILVER
		310	BANDALAN, ARIC	M35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	26.12		BRONZE
		303	ALFONSO, JOHN MICHAEL	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	26.57		
		346	SANTOS, DARIO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	26.86		
		326	GACAD, DARWIN	M35 - CITY OF SAN FERNANDO LA UNION	28.24		
		323	EUGENIO, ERICSON	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	DNS		
		312	CAMACHO, MIGUEL	M35 - UNDERDOG FITNESS	DNS		

209 7:00am 200m			M30		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		259	DEL PRADO, ISIDRO JR	M30 - PHILIPPINE AIRFORCE	23.21		GOLD
		269	GAYTA, JOB	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	24.87		SILVER
		265	FERNANDEZ, JEROME	M30 - PHILIPPINE AIRFORCE	25.79		BRONZE
		285	REYES, MARK	M30 - UNDERDOG FITNESS	25.98		
		264	FELIX, RONALD	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		
		286	RIVERA, JOSE LORENZO	M30 - UNDERDOG FITNESS	DNS		

209 7:00am 200m			M40		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		360	BANATAO, AARON JAYXEN	M40 - TEAM PNP	25.52		GOLD
		392	RIVERA, JOEL	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	27.44		SILVER
		400	TIQUI, JEFREN	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	27.72		BRONZE
		368	CRISOSTOMO, GLYN	M40 - UNATTACHED	30.47		
		384	MIRASOL, LEOMAR	M40 - PHILIPPINE ARMY	30.54		
		387	ODRON, REYVIN	M40 - LIONS OF THE SOUTH CITY RUNNERS, INC.	35.05		
		369	DACANAY, BERNARD	M40 - UNATTACHED	35.77		
		366	CHAUDHARY, RAJAT	M40 - UNATTACHED	DNS		
		401	URAYENZA, BRYAN	M40 - TEAM PNP	DNS		

209 7:00am 200m			M45		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		442	ROBLES, EMMANUEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	26.06		GOLD
		450	YU, CHARLIE	M45 - TEAM PNP	26.63		SILVER
		439	RANILLO, ALEXANDER	M45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	28.61		BRONZE
		440	RELUCIO, ANTHONEL	M45 - UNATTACHED	30.8		
		446	SINAGUINAN, RAFAEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	31.95		

209 7:00am 200m			M50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		453	AOAY, RAMIL	M50 - CITY OF SAN FERNANDO LA UNION	29.67		GOLD
		452	AGUILA, VIRGILIO	M50 - TEAM PNP	30.22		SILVER
		466	HIJALGA, ESTELITO	M50 - HUKBONG KABITENYO	30.43		BRONZE
		451	ACADEMIA, ALPHONSO TRECE	M50 - PHILIPPINE AIRFORCE	31.69		

		473	NONA, ALLAN	M50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	34.63		
		465	GO, ALBERT	M50 - TEAM DANIELA	DNS		
		468	LAGUSTAN JR, EDMUNDO	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		
		477	RAGAS, ALDWIN	M50 - UNATTACHED	DNS		
		485	WONG, MARTIN	M50 - UNATTACHED	DNS		

209		7:00am	200m	M55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		521	RADAZA, EDDIE	M55 - UNATTACHED	28.14		GOLD
		490	AGUSTIN, BRANDY	M55 - TEAM DARIUK SANTIAGO ISABELA	30.09		SILVER
		524	SABUCO, ENRIQUE	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	32.12		BRONZE
		512	MAGTABOG, RICARDO	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	40.52		
		516	NOGALES, JOSE	M55 - UNATTACHED	42.85		
		503	DIMAN, MAULANI	M55 - UNATTACHED	DNS		
		525	SEGUI, DEMOSTHENES	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	DNS		
		511	MACLANG, JUNE	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

209		7:00am	200m	M60	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		554	GORDON, COLIN	M60 - UNATTACHED	29.89		GOLD
		545	BAYABAN, JULIO	M60 - TEAM MUNTINLUPA	30.85		SILVER
		571	VIASON JR., ROMEO	M60 - TEAM DANIELA	31.26 (.252)		BRONZE
		538	BALCITA, GUILLERMO WILLIAM JR.	M60 - CITY OF SAN FERNANDO LA UNION	31.26 (.260)		
		563	NICOLAS JR., ALEJANDRO	M60 - UNATTACHED	33.33		
		558	MALAPAD, PEDRO	M60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	33.4		
		555	JARQUIO, EDUARDO	M60 - CITY OF SAN FERNANDO LA UNION	39.7		

209		7:00am	200m	M65	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		583	LOZANO, EDUARDO	M65 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	38.49		GOLD
		587	PILONES, DELFIN JR.	M65 - TEAM DARIUK SANTIAGO ISABELA	43.85		SILVER
		578	BIRSE, DAVID	M65 - TEAM BAGUIO	DNS		

209		7:00am	200m	M70	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		602	MULOC, USMAN	M70 - UNATTACHED	39.71		GOLD
		606	SUAREZ, WILLY	M70 - UNATTACHED	DNS		

209		7:00am	200m	M75	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		610	BALABA, BRIGILIO	M75 - TEAM BAGUIO	51.26		GOLD

211		8:00am	TRIPLE JUMP	M30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		260	DELOS SANTOS, MARK IAN	M30 - PHILIPPINE AIRFORCE	12.29m		GOLD
		266	FLORES, NORMAN	M30 - TEAM PNP	9.93m		SILVER

211		8:00am	TRIPLE JUMP	M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		349	VERGARA, RHYEAN IAN	M35 - PHILIPPINE ARMY	11.07m		GOLD
		309	BALUT JR, FERNANDO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	10.38m		SILVER
		346	SANTOS, DARIO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	9.96m		BRONZE

211	8:00am	TRIPLE JUMP			M40	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		361	BASCO, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	11.57m		GOLD
		399	SULAIMAN, MOHD FARISH	M40 - UNATTACHED	10.24m		SILVER
		362	BUASEN, HORACE	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	9.63m		BRONZE

211	8:00am	TRIPLE JUMP			M45	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		424	ESQUIERDO, MELQUIADES	M45 - UNATTACHED		7.42m		GOLD
		411	BAGANO, DANNY	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM		6.48m		SILVER

211	8:00am	TRIPLE JUMP		M50	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		460	ENCINARES, DIOMENES	M50 - UNATTACHED	9.90m		GOLD
		453	AOAY, RAMIL	M50 - CITY OF SAN FERNANDO LA UNION	9.71m		SILVER
		480	SUGUITAN, JOSE ENRICO	M50 - POSF	7.88m		BRONZE

211	8:00am	TRIPLE JUMP		M55	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		339	MARCE, ARIEL	M55 - LIONS OF THE SOUTH CITY RUNNERS, INC.		8.57m		GOLD
		498	CHAN, JOCSON	M55 - DE LA SALLE ALUMNI ATHLETICS		8.56m		SILVER

211	8:00am	TRIPLE JUMP			M60	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		538	BALCITA, GUILLERMO WILLIAM JR.	M60 - CITY OF SAN FERNANDO LA UNION	8.42m		GOLD
		568	SEPTIMO, EMMANUEL	M60 - PHILIPPINE AIRFORCE	7.81m		SILVER
		556	LAZO, GERALD	M60 - DE LA SALLE ALUMNI ATHLETICS	6.79m		BRONZE

211 8:00am		TRIPLE JUMP		M70		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		601	MACIAS, BEN	M70 - DE LA SALLE ALUMNI ATHLETICS		5.25m		GOLD

208	7:00am	POLE VAULT		M30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		290	VALDECANAS, ADEL	M30 - DE LA SALLE ALUMNI ATHLETICS	3.60m		GOLD
		261	DICHE, JAYSON	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	2.10m		SILVER

208		7:00am		POLE VAULT		M40		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS	
		371	DAYO, EDWARD	M40 - TEAM PNP		2.55m		GOLD	

208	7:00am	POLE VAULT		M45	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		419	CHEE, ANTONIO JR.	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM		3.00		GOLD

208 7:00am		POLE VAULT		M50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		480	SUGUITAN, JOSE ENRICO	M50 - POSF		1.95m		GOLD

208		7:00am		POLE VAULT		M55		FINAL		
Lane	H/R	BIB	NAME		AGE - TEAM			RESULTS	WV	REMARKS

		518	OBIENA, EMERSON	M55 - UNATTACHED	3.45m		GOLD
		517	OBIENA, EDWARD		NM		

208 7:00am		POLE VAULT		M60		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		562	MURAI, KOJI	M60 - UNATTACHED	3.00m		GOLD
		547	CRUZ, VICTORINO	M60 - UNATTACHED	1.20m		SILVER

213 2:30pm		3000m STEEPLECHASE		M30		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		282	NERZA, ANTHONY	M30 - PHILIPPINE AIRFORCE	3.00m		GOLD
		276	LLAMADO, REYMARK GONZALES	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

213 2:30pm		3000m STEEPLECHASE		M35		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		331	HERNANDEZ, RONNEL	M35 - PHILIPPINE AIRFORCE	12:42.9		GOLD
		347	TABUDLONG, MARIO	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	14:01.5		SILVER
		320	DOMINGO, FRANCIS	M35 - CITY OF SAN FERNANDO LA UNION	15:36.1		BRONZE
		316	CONSTANTINO, MICHAEL IAN	M35 - PHILIPPINE AIRFORCE	DNS		
		327	GALAM, ALLAN	M35 - UNATTACHED	DNS		

213 2:30pm		3000m STEEPLECHASE		M40		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		378	LASIBAL, ANGELITO JR.	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	13:29.2		GOLD
		365	CARREON, JUNY REX	M40 - TEAM PNP	15:37.6		SILVER
		388	OR, CHARLES	M40 - POSF	16:33.0		BRONZE
		363	BUSTAMANTE, RODEL	M40 - TEAM PNP	DNF		

213 2:30pm		3000m STEEPLECHASE		M45		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		426	FABROS, NOEL	M45 - TEAM DARIUK SANTIAGO ISABELA	12:40.0		GOLD
		380	MAGALONA, GERALD	M45 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	14:22.3		SILVER
		413	BARCELON, JAMES	M45 - POSF	14:47.4		BRONZE
		448	TENERIFE, MANUEL JR	M45 - PHILIPPINE AIRFORCE	DNS		

213 2:30pm		3000m STEEPLECHASE		M50		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		476	QUIOGUE, VICTOR	M50 - HUKBONG KABITENYO	14:11.5		GOLD

213 2:30pm		3000m STEEPLECHASE		M55		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		494	BARCELO, NERI	M55 - TEAM DANIELA	13:11.1		GOLD
		492	ALCANTARA, RONALD	M55 - POSF	14:36.9		SILVER
		521	RADAZA, EDDIE	M55 - UNATTACHED	15:50.8		BRONZE
		490	AGUSTIN, BRANDY	M55 - TEAM DARIUK SANTIAGO ISABELA	DNF		

213 2:30pm		2000m STEEPLECHASE		M60		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		551	DUWAY, SANTIAGO	M60 - UNATTACHED	9:46.0		GOLD

213 2:30pm		2000m STEEPLECHASE		M65		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS

		589	STA. ROSA, RENE	M65 - PHILIPPINE AIRFORCE	10:29.4		GOLD
		532	ABIERA, RAMON	M65 - UNATTACHED	10:33.3		SILVER
		578	BIRSE, DAVID	M65 - TEAM BAGUIO	10:53.1		BRONZE

213	2:30pm	2000m STEEPLECHASE		M70	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		603	NAVARETTE, EDUARDO	M70 - JD TRAINING PERFORMANCE BULACAN MASTERS	11:02.5		GOLD

221	3:40pm	800m		M65	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		585	PEDREGOSA, EDGARDO	M65 - TEAM DANIELA	2:53.9		GOLD
		579	BRIONES, EDESIO	M65 - UNATTACHED	3:35.4		SILVER
		590	TORRES, GREGORIO	M65 - UNATTACHED	3:51.3		BRONZE
		578	BIRSE, DAVID	M65 - TEAM BAGUIO	DNS		
		587	PILONES, DELFIN JR.	M65 - TEAM DARIUK SANTIAGO ISABELA	DNS		

221	3:40pm	800m		M70	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		600	IGAY, SOFRONIO	M70 - UNATTACHED	3:51.9		GOLD
		604	RAMIREZ, FERNANDO	M70 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	3:13.9		DQ

221	3:40pm	800m		M55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		491	ALCANTARA, RODOLFO	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	2:44.1		GOLD
		526	SUGALAN, EFREN	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	2:50.6		SILVER
		520	QUIOGUE, ARMANDO	M55 - TEAM DANIELA	3:00.8		BRONZE
		523	ROSIN, ENRICO	M55 - TEAM DANIELA	3:06.8		
		493	ALIMBUYAO, RON	M55 - UNATTACHED	DNS		

221	3:40pm	800m		M60	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		554	GORDON, COLIN	M60 - UNATTACHED	2:54.2		GOLD
		534	ADVINCULA, DEMETRIO	M60 - TEAM BAGUIO	2:55.1		SILVER
		541	BANZON, GREGORY FRANCIS	M60 - DE LA SALLE ALUMNI ATHLETICS	3:22.2		BRONZE
		531	ABELLERA, RENATO NESTOR	M60 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	3:45.5		
		549	DATO-ON, JOEL	M55 - TEAM DANIELA	3:55.6		
		543	BANZON, RENE PHILIP	M60 - DE LA SALLE ALUMNI ATHLETICS	3:57.7		
		533	ADENIG, ROGELIO	M60 - PHILIPPINE AIRFORCE	DNS		
		565	QUEZADA, BONIFACIO	M60 - TEAM DARIUK SANTIAGO ISABELA	DNS		
		570	VALENZUELA, JESUS	M60 - TEAM BAGUIO	DNS		

214	3:00pm	HIGH JUMP		M70	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		605	REYES, ELMER	M70 - PHILIPPINE AIRFORCE	1.00m		GOLD

214	3:00pm	HIGH JUMP		M55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		517	OBIENA, EDWARD	M55 - UNATTACHED	1.25m		GOLD
		524	SABUCO, ENRIQUE	M55 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	1.20m		SILVER

214	3:00pm	HIGH JUMP		M50	FINAL		
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Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		460	ENCINARES, DIOMENES	M50 - UNATTACHED	1.40m		GOLD
		480	SUGUITAN, JOSE ENRICO	M50 - POSF	1.25m		SILVER

214	3:00pm	HIGH JUMP		M40	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		402	VELASCO, GEORGE ALI	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	1.40m		GOLD
		361	BASCO, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	1.40m		SILVER

214	3:00pm	HIGH JUMP		M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		348	TAMAYO, YOURKE	M35 - PHILIPPINE AIRFORCE	1.70m		GOLD
		313	CERBITO, CRISTOPHER	M35 - HUKBONG KABITENYO	1.60m		SILVER
		329	GUINUCA, DAYREL	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1.60m		BRONZE
		309	BALUT JR, FERNANDO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1.40m		

214	3:00pm	HIGH JUMP		M30	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM		RESULTS	WV	REMARKS
		376	KUMAR, SHARAD	M30 - PHILIPPINE AIRFORCE		1.80m		GOLD
		256	CAPISPISAN, RAY CRIS	M30 - PHILIPPINE AIRFORCE		1.75m		SILVER

215	3:00pm	DISCUS (2kg)		M30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		258	DE GUZMAN, RODOLFO	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	33.13m		GOLD
		252	ARCEO, MICHAEL ANGELO	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	28.62m		SILVER
		255	CAMBA, CRISTITUTO	M30 - TEAM MUNTINLUPA	25.62m		BRONZE

216	3:00pm	DISCUS (2kg)		M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		330	GUMABAY, JOSE	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	30.11m		GOLD
		332	HEY, CHRISTOPHER DOMINIQUE	M35 - UNATTACHED	24.56m		SILVER
		333	LANO, MARVIN	M35 - ELYU EAGLES MASTERS ATHLETICS TEAM	22.46m		BRONZE
		306	ARAYATA, ANGELO	M35 - UNATTACHED	DNS		
		344	PADILLA, ARNOLD	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	DNS		
		345	RAZON, FRANCIS XAVIER	M35 - UNATTACHED	DNS		

217	3:00pm	DISCUS (2kg)		M40	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		374	FERRERA, ARNIEL	M40 - PHILIPPINE AIRFORCE	36.08m		GOLD
		395	SALONGA, DANILO	M40 - UNATTACHED	21.47m		SILVER
		383	MILANES, ROMEO	M40 - ELYU EAGLES MASTERS ATHLETICS TEAM	19.82m		BRONZE
		370	DAEL , MARC	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	19.45m		

218	3:00pm	DISCUS (2kg)		M45	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		443	SALAYSAY, PHILIP	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	33.45m		GOLD
		428	FRESNIDO, ROBERTO	M45 - PHILIPPINE AIRFORCE	31.81m		SILVER
		441	RIVERA, JOSE ALTHER	M45 - UNATTACHED	31.06m		BRONZE
		436	PAQUIZ, FERDINAND	M45 - UNATTACHED	29.89m		
		437	PELAEZ, MICHAEL	M45 - TEAM PNP	26.33m		
		430	IGNACIO, REYNALDO	M45 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	15.57m		
		411	BAGANO, DANNY	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	DNS		

221 3:40pm 800m			M30		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		263	FABITO JR, JOSE	M30 - PHILIPPINE ARMY	2:17.3		GOLD
		278	MANANGAN, JOHN REY	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	2:22.3		SILVER
		270	GODOY, LYNDON	M30 - PHILIPPINE AIRFORCE	2:25.7		BRONZE
		280	MEDINA, ALJUN	M30 - PHILIPPINE AIRFORCE	2:26.1		
		253	CABANG, JAYMAR	M30 - PHILIPPINE AIRFORCE	2:35.9		

221 3:40pm 800m			M35		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		308	BALDOZA JR., JEOFFREY	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	2:14.0		GOLD
		320	DOMINGO, FRANCIS	M35 - CITY OF SAN FERNANDO LA UNION	2:28.7		SILVER
		342	OCON, PHILIP	M35 - TEAM PNP	2:31.5		BRONZE
		310	BANDALAN, ARIC	M35 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	2:48.5		
		305	ARABIT, MARK JOSEPH	M35 - PHILIPPINE AIRFORCE	DNS		
		343	OLONAN, GASBAMEL	M35 - POSF	DNS		

221 3:40pm 800m			M40		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		379	LOPEZ, RENE BOY	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	2:34.0		GOLD
		400	TIQUI, JEFREN	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	2:42.0		SILVER
		398	SORE, HERNANIE	M40 - UNIVERSITY OF BAGUIO	DNS		BRONZE
		385	NICOLAS, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		

221 3:40pm 800m			M45		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		445	SERMONA, JULIUS	M45 - PHILIPPINE AIRFORCE	2:23.5		GOLD
		427	FORTES, EDDIE	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM	2:33.4		SILVER
		412	BANSEL, EDUARDO	M45 - LIONS OF THE SOUTH CITY RUNNERS, INC.	2:38.2		BRONZE
		317	DALAWIS, BIENVENIDO	M45 - LIONS OF THE SOUTH CITY RUNNERS, INC.	2:48.7		
		380	MAGALONA, GERALD	M45 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	2:50.5		
		410	AYOHAN, VICTOR	M45 - TEAM PNP	2:55.3		
		420	CORPUZ, ISAGANI	M45 - CITY OF SAN FERNANDO LA UNION	DNS		

221 3:40pm 800m			M50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		458	CERALVO, MANSUETO	M50 - HUKBONG KABITENYO	2:40.4		GOLD
		463	GADAPAN, RODELIO	M50 - UNATTACHED	2:43.7		SILVER
		453	AOAY, RAMIL	M50 - CITY OF SAN FERNANDO LA UNION	3:00.6		BRONZE
		477	RAGAS, ALDWIN	M50 - UNATTACHED	DNS		

222 3:40pm DISCUS (1.5kg)			M50		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		467	HIPOLITO, NIXON	M50 - PHILIPPINE AIRFORCE	39.22m		GOLD
		470	LOPEZ, EMMANUEL	M50 - UNATTACHED	22.00m		SILVER
		480	SUGUITAN, JOSE ENRICO	M50 - POSF	16.25m		BRONZE
		475	PERFECIO, JESSIE	M50 - DASMARINAS CITY RUNNERS AND JOGGERS CLUB (DCJRC)	16.02m		

222 3:40pm DISCUS (1.5kg)			M55		FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		517	OBIENA, EDWARD	M55 - UNATTACHED	32.84m		GOLD

		522	RONQUILLO, BRYAN	M55 - ELYU EAGLES MASTERS ATHLETICS TEAM	22.86m		SILVER
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222 3:40pm		DISCUS (1.0kg)		M60		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		535	AGRA, ALBERTO	M60 - POSF	24.65m		GOLD
		561	MEDINA-CUE, HERMAN EMILIANO	M60 - DE LA SALLE ALUMNI ATHLETICS	22.34m		SILVER
		564	NORO, YUKIHIRO	M60 - UNATTACHED	21.70m		BRONZE

222 3:40pm		DISCUS (1.0kg)		M65		FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	WV	REMARKS
		591	VILLA, JUAN JR.	M65 - DE LA SALLE ALUMNI ATHLETICS	33.10m		GOLD



RELAY RESULTS - DAY 2

212	8:00am	4X100m MIXED RELAY	M30/F30	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		319	DINO, ARMAN	M35 - PHILIPPINE AIRFORCE	51.38		GOLD
		121	RANGEL, ANGELA ZYRA	F30 - PHILIPPINE AIRFORCE			
		265	FERNANDEZ, JEROME	M30 - PHILIPPINE AIRFORCE			
		112	FAGARAGAN, CHARMAINE JOY	F30 - PHILIPPINE AIRFORCE			
		281	MOVILLA, JONATHAN	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	56.92		SILVER
		118	MANANSALA , AILEEN	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		269	GAYTA, JOB	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		114	GALVEZ, MARIA JENNYFER	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			

212	8:00am	4X100m MIXED RELAY	M35/F35	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		302	ALEJAN JR, EDGARDO	M35 - PHILIPPINE AIRFORCE	51.53		GOLD
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE			
		335	LIM, FERDINAND	M35 - PHILIPPINE AIRFORCE			
		164	GENILZA, JONAH	F40 - PHILIPPINE AIRFORCE			
		303	ALFONSO, JOHN MICHAEL	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	52.73		SILVER
		165	MAGRACIA, MARICEL	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		308	BALDOZA JR., JEOFFREY	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		148	SALAYSAY, HONEY JOY	F35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		309	BALUT JR, FERNANDO	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1:02.05		BRONZE
		175	VERGARA, GREGORIA	F40 - UNATTACHED			
		322	EBOJO, RODEL MARK	M35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		152	UCOL, ELVIRA	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			

212	8:00am	4X100m MIXED RELAY	M40/40	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		392	RIVERA, JOEL	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	1:01.47		GOLD
		381	MARCOS, REVELYN	F40 - UNATTACHED			
		379	LOPEZ, RENE BOY	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		372	EVANGELISTA, JOSEPHINE CHRISANTA	F40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		361	BASCO, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	DNS		
		402	VELASCO, JEORGE ALI	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		167	MEDINA , FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		386	ODANGA, CHRISTENSEN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			

212	8:00am	4X100m MIXED RELAY	M45/F45	FINAL			
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		439	RANILLO, ALEXANDER	M45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	59.09		GOLD
		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		478	RAYMUNDO, MACRINO	M50 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		442	ROBLES, EMMANUEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:02.08		SILVER
		183	FAUSTINO , CATALINA	F45 - JD TRAINING PERFORMANCE BULACAN MASTERS			

		415	BELTRAN , DAN DEX	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	1:02.00		SILVER
		186	ODANGA, RHODORA	F45 - JD TRAINING PERFORMANCE BULACAN MASTERS			

212		8:00am	4X100m MIXED RELAY	M55/F55	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		582	LOBOS, ARNEL	M65 - TEAM MUNTINLUPA	1:00.14		GOLD
		224	LOBOS, PERLA	F55 - TEAM MUNTINLUPA			
		545	BAYABAN, JULIO	M60 - TEAM MUNTINLUPA			
		230	BAYABAN, SALVE	F60 - TEAM MUNTINLUPA			

226		4:30pm	4X400m RELAY	M30	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		282	NERZA, ANTHONY	M30 - PHILIPPINE AIRFORCE	3:52.9		GOLD
		265	FERNANDEZ, JEROME	M30 - PHILIPPINE AIRFORCE			
		260	DELOS SANTOS, MARK IAN	M30 - PHILIPPINE AIRFORCE			
		259	DEL PRADO, ISIDRO JR	M30 - PHILIPPINE AIRFORCE			
		278	MANANGAN, JOHN REY	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM	4:10.2		SILVER
		287	TATAD, ARCANGEL	M30 - ELYU EAGLES MASTERS ATHLETICS TEAM			
		427	FORTES, EDDIE	M45 - ELYU EAGLES MASTERS ATHLETICS TEAM			
		383	MILANES, ROMEO	M40 - ELYU EAGLES MASTERS ATHLETICS TEAM			
		261	DICHE, JAYSON	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS	4:24.7		BRONZE
		341	MIGUEL, ALBERT	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		264	FELIX, RONALD	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		269	GAYTA, JOB	M30 - JD TRAINING PERFORMANCE BULACAN MASTERS			

226		4:30pm	4X400m RELAY	M35	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		331	HERNANDEZ, RONNEL	M35 - PHILIPPINE AIRFORCE	3:52.8		GOLD
		335	LIM, FERDINAND	M35 - PHILIPPINE AIRFORCE			
		319	DINO, ARMAN	M35 - PHILIPPINE AIRFORCE			
		302	ALEJAN JR, EDGARDO	M35 - PHILIPPINE AIRFORCE			
		347	TABUDLONG, MARIO	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS	4:03.0		SILVER
		337	MAGBANUA, JASON	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		303	ALFONSO, JOHN MICHAEL	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		308	BALDOZA JR., JOFFREY	M35 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		326	GACAD, DARWIN	M35 - CITY OF SAN FERNANDO LA UNION	5:54.2		BRONZE
		555	JARQUIO, EDUARDO	M60 - CITY OF SAN FERNANDO LA UNION			
		453	AOAY, RAMIL	M50 - CITY OF SAN FERNANDO LA UNION			
		320	DOMINGO, FRANCIS	M35 - CITY OF SAN FERNANDO LA UNION			

226		4:30pm	4X400m RELAY	M40	FINAL		
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		450	YU, CHARLIE	M45 - TEAM PNP	4:28.7		GOLD
		360	BANATAO, AARON JAYXEN	M40 - TEAM PNP			
		424	ESQUIERDO, MELQUIADES	M45 - UNATTACHED			
		452	AGUILA, VIRGILIO	M50 - TEAM PNP			
		392	RIVERA, JOEL	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	4:36.7		SILVER
		362	BUASEN, HORACE	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		400	TIQUI, JEFREN	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		379	LOPEZ, RENE BOY	M40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		367	CORDERO, , REVIE	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			

		378	LASIBAL, ANGELITO JR.	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS	5:25.0		BRONZE
		422	DELA CRUZ, ARNOLD	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		361	BASCO, ALLAN	M40 - JD TRAINING PERFORMANCE BULACAN MASTERS			

226	4:30pm	4X400m RELAY			M45	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		415	BELTRAN , DAN DEX	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS	4:42.7		GOLD
		406	ALCANTARA, MARIO	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		409	ATENAS , JEFFREY	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		442	ROBLES, EMMANUEL	M45 - JD TRAINING PERFORMANCE BULACAN MASTERS			

226	4:30pm	4X400m RELAY			M50	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		463	GADAPAN, RODELIO	M50 - UNATTACHED	4:53.3		GOLD
		466	HIJALGA, ESTELITO	M50 - HUKBONG KABITENYO			
		476	QUIOGUE, VICTOR	M50 - HUKBONG KABITENYO			
		458	CERALVO, MANSUETO	M50 - HUKBONG KABITENYO			
		491	ALCANTARA, RODOLFO	M55 - JD TRAINING PERFORMANCE BULACAN MASTERS	4:57.8		SILVER
		479	STA. ANA , WILLIAM	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		603	NAVARETTE, EDUARDO	M70 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		461	EPONG , ALLAN	M50 - JD TRAINING PERFORMANCE BULACAN MASTERS			

226	4:30pm	4X400m RELAY			M55	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		566	RAMOS, ESMERALDO	M60 - TEAM DARIUK SANTIAGO ISABELA	5:25.9		GOLD
		536	ALEJANDRO, ROLANDO	M60 - TEAM DARIUK SANTIAGO ISABELA			
		505	ESPINA, MARIO	M55 - TEAM DARIUK SANTIAGO ISABELA			
		490	AGUSTIN, BRANDY	M55 - TEAM DARIUK SANTIAGO ISABELA			
		510	LACDAO, MARCELO	M55 - TEAM DANIELA	5:34.4		SILVER
		520	QUIOGUE, ARMANDO	M55 - TEAM DANIELA			
		529	VENCE, ROY	M55 - TEAM DANIELA			
		585	PEDREGOSA, EDGARDO	M65 - TEAM DANIELA			

226	4:30pm	4X400m RELAY			M60	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		534	ADVINCULA, DEMETRIO	M60 - TEAM BAGUIO	5:34.10		GOLD
		570	VALENZUELA, JESUS	M60 - TEAM BAGUIO			
		575	ALACAR, SEVERINO	M65 - TEAM BAGUIO			
		578	BIRSE, DAVID	M65 - TEAM BAGUIO			

225	4:00pm	4X400m RELAY			F30	FINAL	
Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		182	ELIJERAN, JOCELYN	F45 - TEAM PHILTRA	5:11.8		GOLD
		184	FERRERA, CHRISTINE	F45 - TEAM PHILTRA			
		104	CABALO, ANGELIE	F30 - TEAM PHILTRA			
		166	MARTES, CHRISTABEL	F40 - TEAM PHILTRA			
		397	SOFLA, RONIEN	F40 - TEAM PNP	5:12.0		SILVER
		123	UDAUNDO, JAHNZEL	F30 - TEAM PNP			
		130	BALARES, JANICEL	F35 - TEAM PNP			
		103	BALACANO, YRNA LIZETTE	F30 - TEAM PNP			
		131	BAUTISTA, SHEENA ROSE	F35 - PHILIPPINE ARMY			

		134	CABANG, NORILYN	F35 - PHILIPPINE AIRFORCE	5:42.6		BRONZE
		142	LAZO, MARICEL	F35 - PHILIPPINE AIRFORCE			
		124	VELASCO, ANGELIQUE	F30 - PHILIPPINE AIRFORCE			
		167	MEDINA , FELMAR	F40 - JD TRAINING PERFORMANCE BULACAN MASTERS	6:11.3		
		111	DOMINGO, PRINCESS	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		201	ANCHETA, BRENDA	F50 - JD TRAINING PERFORMANCE BULACAN MASTERS			
		118	MANANSALA , AILEEN	F30 - JD TRAINING PERFORMANCE BULACAN MASTERS			

225 4:00pm 4X400m RELAY F35 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		150	TAM, PRINCESS CRISTINE	F35 - PHILIPPINE AIRFORCE	4:58.6		GOLD
		164	GENILZA, JONAH	F40 - PHILIPPINE AIRFORCE			
		189	REYNANTE, CHERRYL	F45 - PHILIPPINE AIRFORCE			
		160	BARCENA, NHEA ANN	F40 - PHILIPPINE AIRFORCE			
		152	UCOL, ELVIRA	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS	5:17.1		SILVER
		190	GAMMAD, MARICAR	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		149	SANTOS, ROSILYN	F35 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		192	ZINAMPAN, BRENDA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			

225 4:00pm 4X400m RELAY F40 FINAL

Lane	H/R	BIB	NAME	AGE - TEAM	RESULTS	Wind	REMARKS
		381	MARCOS, REVELYN	F40 - UNATTACHED	6:09.8		GOLD
		175	VERGARA, GREGORIA	F40 - UNATTACHED			
		185	NAVARRO, ELENITA	F45 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			
		372	EVANGELISTA, JOSEPHINE CHRISANTA	F40 - FIRST SPORTS-NORTHERN PHILIPPINES ATHLETICS			